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# Investigating the Association between Air Pollution and Cognitive and Mental Health Outcomes

#### **Using Satellite-Driven Exposure Models**

By

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MS, Fudan University, 2019

B.S., Southeast University, 2016

Advisor: Yang Liu, PhD

An abstract of A dissertation submitted to the Faculty of the James T. Laney School of Graduate Studies of Emory University In partial fulfillment of the requirements for the degree of Doctor of Philosophy in Environmental Health Sciences 2023

## Abstract

# Investigating the Association between Air Pollution and Cognitive and Mental Health Outcomes Using Satellite-Driven Exposure Models

#### By

# Qingyang Zhu

Air pollution has been linked to various adverse health outcomes, affecting cardiovascular, respiratory, reproductive, and renal systems. According to the Global Burden of Disease (GBD) study, air pollution was the fourth leading contributor to global attributable deaths for both males and females in 2019. Nevertheless, existing epidemiological studies typically focus on a specific type of air pollutant due to the limited availability of large-scale exposure matrices. Recent advances in satellite remote sensing have provided a promising tool to evaluate the long-term spatiotemporal distribution of air pollution in a large domain.

In this dissertation, we first established a high-performance  $O_3$  prediction model in China using the OMPROFOZ ozone profile. The model considered the two major pathways (i.e., the photochemical reactions between NOx and volatile organic compounds (VOCs) and the stratospheric intrusion) through which ground-level  $O_3$  pollution is produced. Our prediction model achieved a random CV R<sup>2</sup> of 0.87 at a high spatial resolution of 0.05°. The model predictions also agreed well with the TOAR historical ozone monitoring data from 2005-2013.

Combining our ozone model with other satellite-driven exposure datasets, aim 2 of this dissertation examined the association between long-term exposure to air pollution and cognitive impairment among the Chinese elderly population using data from the Chinese Longitudinal Healthy Longevity Survey (CLHLS). We found that annual average exposure to PM<sub>2.5</sub> and NO<sub>2</sub> were both associated with an increased risk of cognitive impairment. Although the annual average of daily maximum 8-hour average (MDA8) O<sub>3</sub> was not positively associated with cognitive impairment, warm-season (April-September) mean MDA8 O<sub>3</sub> was identified as a significant risk factor.

In addition to anthropogenic emissions, air pollution may also be produced by natural disasters, especially wildfires. Aim 3 of this dissertation evaluated the association between wildfire-related exposures and ED visits for anxiety disorders in the Western US using satellite-driven exposure data. Our results suggested that wildfires are associated with anxiety disorders through two different pathways, i.e., the inhalation of smoke PM<sub>2.5</sub> and the direct psychological impact of smoke events and active fire points. Furthermore, women and the elderly population are more susceptible to the anxiety disorders associated with wildfires.

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#### **1. Introduction**

Exposure to ambient air pollution has been linked to a series of adverse health outcomes, impacting cardiovascular (Lee et al., 2014; Miller & Newby, 2020; Rajagopalan et al., 2018), respiratory (Laeremans et al., 2018; Losacco & Perillo, 2018), nervous (Genc et al., 2012; Kim et al., 2020), reproductive (Selevan et al., 2000; Wu et al., 2016), and renal systems (Afsar et al., 2018; Shubham et al., 2022). According to the global burden of disease (GBD) study 2019, ambient air pollution was the fourth leading risk factor for attributable deaths among both males and females (Murray et al., 2020). An estimated total of 6.67 million deaths, including 2.92 million females and 3.75 males, were attributable to ambient fine particulate matter (PM<sub>2.5</sub>) and O<sub>3</sub> in 2019 (Murray et al., 2020). The global disability-adjusted life-years (DALYs) attributable to ambient PM<sub>2.5</sub> experienced a significant increase from 3.5 million in 1990 to 4.2 million in 2015 (Cohen et al., 2017). Additionally, O<sub>3</sub> has emerged as a new leading contributor to the global burden of disease that accounted for an extra 254,000 deaths and 4.1 million DALYs from chronic obstructive pulmonary disease in 2015 (Cohen et al., 2017).

The comprehensive health impact of air pollution highlighted the need to study the combined effect of multiple air pollutants. Nevertheless, existing studies typically focused on a specific type of air pollutant (e.g., PM<sub>2.5</sub>, NO<sub>2</sub>, or O<sub>3</sub>) while neglecting the others. A potential reason for this phenomenon is the limitation in the exposure matrices. There does not exist a 'universal approach' to measure multiple air pollutants simultaneously for large population-based studies. Although a well-established air quality monitoring network would benefit environmental epidemiological studies (Seltzer et al., 2018), its limited availability in developing countries also poses a great challenge to understanding the long-term health impact of air pollution, especially among the underrepresented population.

Satellite-driven technologies have long been used to promote the estimation of ambient air pollution worldwide. For example, the Multi-Angle Implementation of Atmospheric Correction (MAIAC) aerosol optical depth (AOD) data has been used to establish high-resolution  $PM_{2.5}$ models in China (Xiao et al., 2020), the United States (Di et al., 2016), and Europe (Schneider et al., 2020; Stafoggia et al., 2019). Unlike PM<sub>2.5</sub>, modeling studies on O<sub>3</sub> are sparse due to the intricate chemical mechanism involved in the production and distribution of this chemical. Although a secondary pollutant per se, ozone naturally exists in multiple vertical layers of the atmosphere. The ozone layer in the stratosphere is known as 'good ozone' because it shields the earth from solar ultraviolet (UV) radiation. On the contrary, 'bad ozone' refers to ground-level ozone pollution that is hazardous to human health (Stenke, 2020). Due to the high abundance of ozone in the stratosphere, current satellite-driven UV-based ozone profiles typically have a higher sensitivity to the stratospheric ozone than to the tropospheric ozone (Huang et al., 2017; Huang et al., 2018). Accordingly, satellite-driven ozone profiles may not be used directly as a proxy of human exposure to ambient ozone pollution. Nevertheless, it may be utilized to establish a prediction model for the spatiotemporal distribution of this air pollutant.

Understanding the mechanisms through which ambient O<sub>3</sub> pollution is produced is vital to construct a high-performance prediction model. The overwhelming majority of surface-level O<sub>3</sub> pollution arises from a set of complex photochemical reactions between volatile organic compounds (VOCs) and nitrogen oxides (NOx) in the presence of heat and solar radiation (Li et al., 2020; Pu et al., 2017). In addition to the aforementioned O<sub>3</sub> precursors, the NOx-to-VOCs ratio also influences the production dynamics of O<sub>3</sub>. Specifically, the VOC-limited regime occurs when the abundance of NOx exceeds the abundance of VOCs. Under such a circumstance, reducing the emissions of VOCs is more effective in controlling O<sub>3</sub> pollution. On the contrary, in the NOx-limited regime, where VOCs greatly exceed NOx, greater focus should be placed on reducing NOx emissions (Ren et al., 2022).

Tropospheric ozone concentrations are primarily influenced by photochemical reactions (Lelieveld & Dentener, 2000; Monks, 2005). However, under certain conditions, stratospheric ozone-rich air can quickly penetrate the lower troposphere, leading to a significant rise in ground-level ozone pollution (Knowland et al., 2017). This phenomenon, known as stratospheric intrusions (SI), typically reaches its peak in the northern hemisphere during spring, particularly in high-altitude regions (Appenzeller et al., 1996; Itahashi et al., 2020; Lin et al., 2012; Lu et al., 2019; Y. Wang et al., 2020). Both mechanisms need to be accounted for to establish a highperformance prediction model for ambient O<sub>3</sub> pollution.

Cognitive impairment and dementia have been major threats to global health. It is estimated that 40-50 million people were living with dementia in 2019 (Nichols et al., 2019). Previous studies have suggested the link between air pollution and cognitive impairment in China using the air pollution index (API) (Zhang et al., 2018). Nevertheless, API is a pooled index for ambient air quality and cannot be used to quantify the risk attributable to a specific air pollutant. A handful of studies have reported the association between PM<sub>2.5</sub> and cognitive disorders. For example, Shi et al. reported that a five  $\mu g/m^3$  increase in annual PM<sub>2.5</sub> concentrations was associated with first-time hospital admission for Parkinson's disease (HR = 1.13; 95% CI: 1.12-1.14) and Alzheimer's disease (HR =1.13; 95% CI: 1.12-1.14) in the American Medicare population (L. Shi et al., 2020). Wang et al. found that per 10  $\mu g/m^3$  increase in PM<sub>2.5</sub> was associated with a 5.1% increased risk of poor cognitive function in China (J. Wang et al., 2020). Similarly, previous literature has found that ambient nitrogen dioxide (NO<sub>2</sub>) is a potential risk factor for

vascular dementia (Li & Xin, 2013). However, evidence on the association between  $O_3$  and cognitive disorders is still sparse and inconclusive (Zhao et al., 2018).

In addition to anthropogenic air pollution, natural disasters, especially wildfires, are also significantly associated with worsened air quality (O'Dell et al., 2019). Over the past two decades, the consequences of climate change have substantially increased global wildfire potential (Ellis et al., 2022), leading to expanded burned areas and prolonged fire seasons (Jolly et al., 2015; Richardson et al., 2022). Due to the frequent occurrence of fire weather conditions, droughts, and the abundance of fuel resources, the Western US has been identified as a major fire-prone region (Gannon & Steinberg, 2021; Jones et al., 2022; Zhang et al., 2020). The widespread prevalence of wildfires in the Western US has prompted a marked increase in smoke emissions. It has been estimated that, in recent years, wildfire smoke accounted for around 40% of the total PM<sub>2.5</sub> across the whole Western US and even 50% in the Northwestern region, escalated substantially from the 15-20% contribution in the early 2000s (Burke et al., 2021).

Mental health disorders, including anxiety disorders, have been another growing threat to global public health in the past decades. According to the GBD study, anxiety disorders were the most prevalent mental health condition that affected 970.1 per million individuals in 2019 (GBD Collaborators, 2022). Regions with high socio-demographic indices, including Western Europe, Australia, and high-income North America, exhibited the highest age-standardized incidence rates of anxiety disorders (Yang et al., 2021). It has been estimated that living with anxiety is associated with a 2.17-fold increase in personal healthcare expenses, contributing to an average 2.08% increase in healthcare costs at the population level (Konnopka & König, 2020).

The high-prevalence of both wildfires and anxiety disorders in the Western US has highlighted the need to investigate the mental health impacts of wildfires. However, current studies typically focus on the impact of a specific mega-fire event, such as the Fort McMurray wildfire in 2016, on a small group of nearby residents. The absence of evidence from large population studies has hindered the potential to establish the causal relationship between wildfires and anxiety disorders. Additionally, the mechanisms through which wildfires are associated with anxiety disorders are still unclear. Although previous studies have identified ambient PM<sub>2.5</sub> as a potential risk factor for anxiety disorders in the US (Power et al., 2015; Pun et al., 2017), China (W. Shi et al., 2020; Zhao et al., 2022), and the UK (Hao et al., 2022), evidence about wildfire smoke exposure remains inconclusive (Eisenman & Galway, 2022). Furthermore, some case studies suggest that wildfires have a direct psychological impact on the nearby population (Agyapong et al., 2018), but the magnitude of this association remains unclear. There is an urgent need of large population studies to explore the association between wildfire-related exposures and anxiety disorders through all potential pathways.

Accordingly, this study aimed to establish a high-resolution model to predict the long-term ground-level ozone concentrations in China and use the model predictions to investigate the long-term cognitive health impact of ozone with a multi-pollutant approach. Furthermore, we also examined whether wildfire-related exposures are associated with anxiety disorders in the Western United States. Specifically,

**Aim 1:** Establish a high-resolution model to predict the long-term spatiotemporal distribution of ground-level ozone pollution in China. We used a satellite-driven ozone profile to provide direct information on surface-level ozone concentrations. Meteorological factors, land-use information, digital population, and elevation were also utilized to improve the model performance. The prediction model comprised two independent random forest models. Specifically, the first model aimed to impute the missing values of the ozone profile, and the second one was used to predict

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the spatiotemporal distribution of ozone in China. The ozone model had a spatial resolution of  $0.05^{\circ}$  and covered the period of 2005-2019.

**Aim 2:** Investigate the association between long-term exposure to air pollution and cognitive impairment among the elderly population. We used the Chinese Longitudinal Healthy Longevity Survey (CLHLS) database to study the long-term health impact of air pollution on the Chinese elderly population. A localized Mini-Mental Statement Examination (MMSE) scale was used to measure cognitive function. PM<sub>2.5</sub> and NO<sub>2</sub> concentrations in China were obtained from previous satellite-driven models that cover the period of 2005-2018.

Aim 3: Examine the association between wildfire-related exposures and ED visits for anxiety disorders in the Western United States. The exposures of interest included: 1) wildfire smoke PM<sub>2.5</sub>, wildfire smoke events (defined as wildfire smoke PM<sub>2.5</sub> contributed to  $\geq 25\%$  of the total PM<sub>2.5</sub>), major wildfire smoke events (defined as wildfire smoke PM<sub>2.5</sub> contributed to  $\geq 75\%$  of the total PM<sub>2.5</sub>), 4) the number of active wildfire points, and 5) the cumulative fire radiative power (FRP) of all the active wildfire points. We also explored whether the association between wildfire-related exposures varied across different sex, ethnicity, and age groups.

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# 2. Satellite-based long-term spatiotemporal patterns of surface ozone concentrations in

China: 2005-2019

[Manuscript 1]

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2.1. Abstract

**Background:** While short-term ozone exposure has been associated with a series of adverse health outcomes, research on the health effects of chronic ozone exposure is still limited, especially in developing countries due to the lack of long-term exposure estimates.

**Objectives:** The present study aimed to estimate the spatiotemporal distribution of monthly mean daily maximum 8-hour average (MDA8) ozone concentrations in China from 2005-2019 at 0.05° spatial resolution.

**Methods:** We developed a machine learning model with satellite-derived boundary layer ozone column, ozone precursors, meteorological conditions, land-use information, and proxies of anthropogenic emissions as predictors.

**Results:** The random, spatial, and temporal cross-validation  $R^2$  of our model were 0.87, 0.86, and 0.76, respectively. Model-predicted spatial distribution of ground-level ozone concentrations showed significant differences across seasons. The highest summer peak of ozone occurred in the North China Plain (NCP), while southern regions were the most polluted in winter. Most large urban centers showed elevated ozone levels, but their surrounding suburban areas may have even higher ozone concentrations due to NOx titration. The annual trend of ozone concentrations fluctuated over 2005-2013, but a significant nationwide increase was observed afterward.

**Discussion:** The present model had enhanced performance in predicting ground-level ozone concentrations in China. This national dataset of ozone concentrations would facilitate epidemiological studies to investigate the long-term health effect of ozone in China. Our results also highlighted the importance of controlling ozone in China's next round of the Air Pollution Prevention and Control Action Plan.

#### 2.2. Introduction

Numerous epidemiological studies have shown that short-term ozone exposure is associated with a series of adverse health outcomes, including all-cause non-accidental mortality (Yin et al. 2017) and respiratory morbidity (Barry et al. 2019). In 2015, ozone pollution contributed to an estimated 9-23 million asthma emergency room visits globally (Anenberg et al. 2018). A handful of studies have also investigated the chronic health effects of ozone, but their conclusions differed, as reviewed by Nuvolone et al. (Nuvolone et al. 2018). For example, Turner et al. reported a positive association between long-term ozone exposure and all-cause mortality in a large prospective study in the US (Turner et al. 2016). However, a meta-analysis reported that this association only existed in the warm season rather than the whole year (Atkinson et al. 2016). One potential reason for this inconsistency was the bias in the exposure matrices, especially in large long-term studies. Seltzer et al. highlighted the value of a dense monitoring network in measuring long-term ozone exposure (Seltzer et al. 2018), but such a network is unavailable in most developing countries. As the world's most populous nation, China began to establish its national air quality monitoring network in 2013. To date, this network covers most Chinese cities, but the rural and suburban areas remain largely unmonitored (Xiao et al. 2020). The insufficient spatiotemporal coverage of ozone measurements presents a major hurdle to retrospective epidemiological studies in China, especially those established before the 2010s (Wang et al. 2017).

Satellite remote sensing has become a promising tool to extend the records of ozone measurements in space and time. For example, the Ozone Monitoring Instrument (OMI) is a nadir-viewing ultraviolet-visible (270-550 nm) solar backscatter spectrometer aboard the NASA Aura satellite designed to measure total ozone column and other trace gases (Levelt et al. 2006).

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Since its launch in July 2004, researchers have been exploring ways to estimate boundary layer ozone levels using OMI and other satellite data. Based on OMI's measurements, Liu et al. developed an optimal estimation technique to retrieve the ozone profile from the surface to approximately 60 km to produce the OMPROFOZ product (Liu et al. 2010). It has been shown to capture enhancements of lower tropospheric ozone over China (Shen et al. 2019) and East Asia (Hayashida et al. 2015), but its performance varies in space and by season due to various factors affecting the horizontal and vertical distribution of tropospheric ozone (Huang et al. 2017). In China, the daily correlation between the OMPROFOZ tropospheric column and ground-level ozone measurements varies from less than 0.1 in high-latitude regions to over 0.6 in low-latitude regions (Shen et al. 2019).

Surface-level ozone is formed by complex photochemical reactions between volatile organic compounds (VOCs) and nitrogen oxides (NOx) in the presence of heat and solar radiation (Li et al. 2020; Pu et al. 2017). In addition to the abundance of precursors, the production of surface ozone can be strongly influenced by meteorology. For example, high temperature boosts ozone chemistry by increasing the decomposition rate of Peroxyacytyl nitrate (PAN), thus preventing the sinkage of NOx and peroxyl radicals (Fischer et al. 2014; Lu et al. 2019a). Water vapor may affect surface ozone production by modulating the hydrogen oxide radicals (HOx) essential to ozone production from oxygen (Lu et al. 2016). Besides these persistent effects, lightning would result in a surge in NOx emission, thus significantly elevate short-term ground-level ozone (DeCaria et al. 2005; Kang et al. 2020).

While photochemical reactions predominantly determine tropospheric ozone concentrations (Lelieveld and Dentener 2000; Monks 2005), in some circumstances, the stratospheric ozone-rich air may penetrate rapidly into the lower troposphere and cause a sharp increase in ground-

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level ozone pollution (Knowland et al. 2017). The peak of this cross-tropopause mass transport known as stratospheric intrusions (SI) in the northern hemisphere usually occurs in springtime, especially in the high-altitude regions such as the Qinghai-Tibet plateau (Appenzeller et al. 1996; Itahashi et al. 2020; Lin et al. 2012; Lu et al. 2019b; Yiping Wang et al. 2020). Changes in large-scale climate patterns such as El Niño are associated with increased SI and surface ozone concentrations (Shen and Mickley 2017; Xie et al. 2014). Additionally, vegetation has complicated effects on surface ozone. On the one hand, it can remove surface ozone through dry deposition (Clifton et al. 2020). On the other hand, plants may emit VOCs to the atmosphere and affect ozone pollution (Kigathi et al. 2019). Therefore, land cover types are also important in determining ambient ozone concentrations.

In this study, we developed a national-scale machine learning model to estimate historical ambient ground-level ozone concentrations in China at a monthly level from 2005 to 2019 at 0.05 ° spatial resolution. In addition to the OMPROFOZ ozone profile, we included meteorological factors, land-use information, ozone precursors, and indicators of anthropogenic emissions to account for the complicated formation and removal processes of surface ozone. We first present our model development strategy, then evaluate model performance using statistical techniques as well as ground measurements not included in model training. Finally, we investigate the spatiotemporal trend of ozone and discuss the drivers of these patterns.

#### 2.3. Data and Methods

## 2.3.1. Model Development

We used a random forest framework to estimate monthly mean daily maximum 8-hour average (MDA8) ozone concentrations in China from 2005 to 2019. The overall study workflow is illustrated in figure S1-1. Briefly, we first extracted the fraction of the boundary layer ozone column from the OMPROFOZ ozone profile. The depth of this layer for each grid cell was determined dynamically by the tropopause pressure (Liu et al. 2010). Missing fraction values were imputed with daily random forest models incorporating the Modern-Era Retrospective Analysis for Research and Applications (MERRA-2) meteorological fields and surface flux. The gap-filled boundary-layer ozone fractions were then used to calculate the full coverage boundary-layer ozone column (in Dobson unit). The surface-level monthly average MDA8 ozone concentration was generated by a separate random forest model trained with the gap-filled boundary-layer ozone column, meteorological fields, land-use terms, elevation, and population density. The details of these predictors are described below.

# 2.3.2. Ground ozone measurements

Ground-level monitoring data from 2013 to 2019 were obtained from the China National Environmental Monitoring Centre (CNEMC, http://www.cnemc.cn/). China's national air quality monitoring network measures hourly ozone concentration with either ultraviolet absorption (for point analyzers) or differential optical absorption spectroscopy (for open-path analyzers). MDA8 ozone concentration was defined as the maximum eight-hour moving average ozone concentration (contains at least six valid hourly values) within a calendar day. We chose to use MDA8 rather than MDA1 or 24-hr average because MDA8 has been widely used in ozone health effects research (Lu et al. 2020; Lyu et al. 2019).

The quality assurance of the CNEMC data was conducted primarily based on its official standard (<u>CNEMC</u> 2012). Briefly, a valid 8-hour moving average ozone concentration must contain at least six hourly measurements. No regulatory standard has yet been set up for MDA8 ozone, but twenty hourly measurements were generally required for daily air pollutant concentrations. Therefore, we also removed all the observations during a given day from the stations with less than 15 hourly measurements to balance data abundance and data quality. A total of 2443 (3%) monthly MDA8 ozone concentrations were removed from the dataset.

We further separated rural stations from urban stations to test our model performance in different settings. In compliance with China's official regulations (NBS 2008), we define areas with a population density less than 1,500 per km<sup>2</sup> (approximately 37,500 per grid cell) as rural. Consequently, 406 monitoring stations out of 1532 (27%) were identified as rural stations, contributing to a total of 24,405 (31%) data points. Note that population density is not the only determinant of rural/urban status listed in China's official standards. We used population to identify rural/urban stations primarily because other economic and political determinants are less quantifiable in this modeling study.

Ozone monitoring data before 2014 was obtained from the Tropospheric Ozone Assessment Report (TOAR) (Xu et al. 2020). This dataset contains MDA8 ozone concentrations from eight different stations, including Mt. Waliguan (WLG, locates at 36.30°N, 100.9°E); Shangdianzi (SDZ, locates at 40.39°N, 117.00°E); Lin'an (LAN, locates at 30.30°N, 119.73°E); Longfengshan (LFS, locates at 44.73°N, 127.60°E); Xianggelila (XGLL, locates at 28.01°N, 99.68°E); Akedala (AKDL, locates at 47.10°N, 87.93°E); Gucheng (GCH, locates at 39.13°N, 115.67°E); and China Meteorological Administration (CMA, locates at 39.95°N, 116.32°E). The locations of the TOAR sites can be found in Fig. S1-2. The TOAR historical monitoring data was not used to train the final model but served as an independent external validation dataset.

## 2.3.3. OMI data

In this study, we used the OMI OMPROFOZ product developed at the Harvard Smithsonian Astrophysical Observatory (SAO), publicly available at NASA Aura Validation Data Center (AVDC). Ozone profile is retrieved at 24 layers (~2.5 km per layer) from the surface to ~65 km from the spectral range 270-330 nm using the optimal estimation approach. It is based on the initial retrieval algorithm (Liu et al. 2010) with modifications described in Kim et al. (Kim et al. 2013). The layers between surface and the tropopause were defined on a daily basis. That is to say, the layers' pressure boundaries were initially set at  $P_i = 2^{-i/2}$  atm for i = 0 to 23, and  $P_{24} = 0$ . For each individual day, the National Centers for Environmental Prediction (NCEP) tropopause pressure is used to replace the pressure level closest to it. The layers between surface and the tropopause are then re-assigned based on equal logarithmic pressure intervals (Liu et al. 2010). OMPROFOZ's retrieval errors due to precision (instrument random-noise) and smoothing errors (insufficient vertical resolution) ranged from 1–6% in the stratosphere to 6–35% in the troposphere. The retrieval is performed at a spatial resolution of 52 x 48 km<sup>2</sup> at nadir and gridded to 0.5° resolution for easy use.

For more intuitive interpretations, we define OMPROFOZ's boundary layer (from surface pressure to ~ 700 hPa) as Layer 24 (L24). Correspondingly, L23-L1 represents the second-lowest layer to the top layer. Our model initially used the boundary layer (L24) partial column ozone from the OMPROFOZ ozone profile. To better understand OMPROFOZ's role in modeling long-term ozone pollution, we also tested if using additional tropospheric columns (i.e., the

summation of L22-L24) or replacing the retrievals with a priori ozone profile (both L24 and the summation of L22-L24) would influence the model performance.

Tropospheric column NO<sub>2</sub> concentration from 2005 to 2019 was extracted from the OMI global nitrogen dioxide product named OMNO2d (Krotkov et al. 2017). It provides global daily tropospheric column NO<sub>2</sub> at 0.25° resolution. We extracted the tropospheric column NO<sub>2</sub> concentration with cloud screening (i.e., pixels with a cloud fraction higher than 30% were removed for quality assurance) as a measurement of ozone precursor in the present study.

## 2.3.4. MERRA-2 assimilated data

We used the MERRA-2 meteorological data in the present study. MERRA-2 provides the latest NASA atmospheric reanalysis data starting from 1980. It has a native resolution of 0.5 ° x 0.625 ° and 72 vertical layers (Gelaro et al. 2017). We extracted surface-level meteorological fields as well as those between surface and 150 hPa to account for the effects of stratospheric intrusion (Knowland et al. 2017). The detailed list of MERRA-2 meteorological and chemistry fields we used is provided in Table S1-1.

# 2.3.5. Lightning flash density

Previous studies have shown that lightning flash is an important enhancer of tropospheric ozone because of its considerable contribution to NOx (DeCaria et al. 2005; Finney et al. 2016), especially in springtime (Lu et al. 2019b). We obtained global monthly lightning flash density data from the Harvard-NASA Emissions Component (HEMCO) at 0.5° x 0.625° resolution, which adopted an optimal regional scaling algorithm to reduce the bias of satellite-driven tropical lightning data (Murray et al. 2012).

## 2.3.6. South and Southeast Asia wildfire

The massive human-initiated biomass burning in South and Southeast Asia would greatly enhance springtime ozone pollution over China, especially in the southwest (Ni et al. 2018; Wang et al. 2011). To test if incorporating foreign wildfire data would increase model performance, we obtained the Moderate Resolution Imaging Spectrometer (MODIS) daily active fire data from 2005 to 2019 via the Fire Information for Resource Management System (FIRMS) data achieve (MODIS Collection 6). Fire points from ten South and Southeast Asian countries, namely Bangladesh, Bhutan, Cambodia, India, Laos, Myanmar, Nepal, Pakistan, Thailand, and Vietnam were selected to capture most fire points in China's southern neighbors. Fire radiative power (FRP) was used as a quantitative proxy of fire-related emissions (F Li et al. 2019; Wooster et al. 2003).

## 2.3.7. Land use, population, road length, and digital elevation

Annual land cover maps were obtained from the European Space Agency (ESA) Climate Change Initiative (CCI) (ESA 2017) for 2005-2015 and the Copernicus Climate Change Service (C3S) Climate Data Store (CDS) for 2016-2019 (CDS 2021). The C3S land-use product used the same methodology as the ESA CCI land cover maps to guarantee long-term continuity, according to the product manual (C3S 2021). Both products provide 23 types of land cover at a spatial resolution of 300 m.

LandScan global population data were obtained from the Oak Ridge National Laboratory (https://landscan.ornl.gov/). This dataset provides annual population density from 2005 to 2019 at 1 km resolution. Road networks were obtained from the Global Roads Open Access Data Set (gROADs) (CIESIN and ITOS 2013). This dataset was compiled from sources before 2010 (specific date unavailable). Total road length is included in our model as a proxy of traffic emissions. We also used 30 m elevation data from the Advanced Spaceborne Thermal Emission and Reflection Radiometer (ASTER) Global Digital Elevation Model (GDEM), version 3 (NASA/METI/AIST/Japan Spacesystems and U.S./Japan ASTER Science Team 2019). This latest version of ASTER GDEM has an increased accuracy compared to previous versions.

# 2.3.8. Missing value imputation

Eq. 2-1 Illustrates the relationship between the total column ozone and the boundary layer (L24) column ozone.

$$\boldsymbol{C_{PBL}} = \boldsymbol{f_{PBL}} \times \boldsymbol{C_{total}} \tag{Eq. 2-1}$$

Where  $C_{PBL}$  denotes the boundary layer column ozone (in Dobson unit);  $C_{total}$  is the total column ozone;  $f_{PBL}$  is the boundary layer fraction of total column ozone. The OMPROFOZ product has a nonnegligible portion of missing values that will reduce the spatial coverage of  $f_{PBL}$  and affect predicted ground-level ozone concentrations. We first filled the data gap of OMI  $f_{PBL}$ , then multiplied it with MERRA-2  $C_{total}$  to get the final  $C_{PBL}$ . We chose this approach over directly imputing the OMPROFOZ product because OMI total ozone column and MLS stratospheric ozone profiles have been assimilated into MERRA-2 data after 2004 (Wargan et al. 2017). The correlation coefficient between MERRA-2 column ozone and OMI column ozone was 0.97 in the present study. The missing values of OMI  $f_{PBL}$  were imputed with random forest models incorporating MERRA-2 meteorological fields and surface flux measurements. These models were trained on a daily basis at the native resolution of the OMPROFOZ product.

Other OMI-derived partial column ozone amounts were processed similarly. To specify, missing values in other retrieved partial column ozone were imputed independently with the same

process to the boundary layer, but with different meteorological fields corresponding to their pressure levels (i.e., 500-700 hPa for L23, 350-500 hPa for L22). The a priori ozone profile (L22, L23, and L24) was processed independently but with the same methodology as the retrieved ozone profile.

## **2.3.9. Data integration**

We created a 0.05° resolution modeling grid across China for data integration and model construction (Fig. 2-1). A 50 km buffer region was added to China's national boundaries to ensure data sensitivity at the border area. The total number of grid cells was 399,513. Three megacity clusters were selected to study the regional patterns of ozone pollution, i.e., the North China Plain (NCP), the Yangtze River Delta (YRD), and the Pearl River Delta (PRD). We used an inverse distance weighting (IDW) method to resample data at a spatial resolution coarser than 0.05°, including all OMI-derived column ozone amounts, tropospheric column NO<sub>2</sub> MERRA-2 meteorological fields, and lightning flash density. In addition, we calculated the percentage coverage of different land-use categories, average elevation, total road length, and total population for each pixel. Daily data were then aggregated to the monthly level. Population and land use were processed at the annual level, while elevation and road length were fixed during the entire study period. After data integration, we selected grid cells that contain air quality monitoring stations to generate the training dataset. All valid ground-level MDA8 O<sub>3</sub> observations within each grid cell were averaged on a monthly basis to match with other model parameters.

The foreign wildfire data was processed in a different way as our study domain did not extend to China's neighboring countries other than the buffer area. We assumed that the foreign fire points have an additive and distance-dependent influence on China's ozone concentrations. Therefore,

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the contributions of the South and Southeast Asian countries were quantified with the equation below (Eq. 2-2).

$$FFE_{it} = \sum FRP_{it} * (dist_{ii})^{-2}$$
(Eq. 2-2)

Where  $FFE_{it}$  denotes the influence of foreign fire emissions on grid cell i at day t;  $FRP_{jt}$  represents the FRP for fire point j at day t; dist<sub>ij</sub> is the distance between fire point j and grid cell i.

#### 2.3.10. Model training, validation, and parameter comparison

We divided the study period into the training period (2014-2019) and the hindcast period (2005-2013). The year 2013 was excluded from model training due to fewer numbers of ozone monitors and unstable data quality at the onset of the Chinese national monitoring network. We trained two separate random forest models with the same set of predictors for springtime (March-April-May) and the rest of the year due to the significantly different pattern of springtime ozone in the northern hemisphere (Lin et al. 2012; Ni et al. 2018). To specify, the aforementioned 'rest of the year' includes summer (June-July-August), autumn (September-October-November), and winter (December-January-February). The detailed list of predictors included in our random forest models could be found in Table S1-1.

Note that some parameters were not included in the initial model. To specify, our original model was established with the boundary layer (L24) column ozone from the OMPROFOZ retrieved ozone profile. The OMI L22-24 retrieval and the a priori partial columns were used separately to compare model performance with different OMI-derived ozone fields. In addition, MODIS FRP was not initially used because it was completely generated outside of the study domain.
Therefore, the original model hereafter represents the model with the retrieved ozone profile L24 and without foreign fire emissions.

All models were validated with 10-fold random cross-validation (CV), i.e., we randomly divided the original dataset into ten equal-sized subsets, used nine of them to train a model, and made predictions on the left-out subset. This process was repeated 10 times so that each monthly mean MDA8 measurement would have a corresponding predicted value. Model performance metrics including R<sup>2</sup> and root-mean-square error (RMSE) were calculated using the measurementprediction pairs. Similarly, we conducted a 10-fold spatial CV to test whether our model can make reliable predictions at locations without ground monitors. In the spatial CV, the original dataset was randomly divided based on each data point's location. Model predictions at a given location were generated by a model trained with data elsewhere. Finally, temporal CV was conducted where models trained for a given year would be validated with data from other years in the training period to test the reliability of model predictions in the hindcast period.

Since each variable has a different contribution to the overall model performance, the predictors' importance was evaluated with a permutation method (Altmann et al. 2010). Briefly, a variable's importance represents the percentage increase in the model's total mean squared error if this variable is replaced by its random permutation.

We used R (version 3.6.3) to process data and perform statistical analyses. Package *ranger* was utilized for training the random forest models.

# 2.3.11. Coupled trend evaluation between ozone and PM<sub>2.5</sub>

To reduce severe air pollution, the State Council of China enacted the Air Pollution Prevention and Control Action Plan (APPCAP) in 2013. This policy has resulted in a substantial reduction

in ambient  $PM_{2.5}$ , but the contemporary ozone concentrations increased unexpectedly (Huang et al. 2018; Yonghong Wang et al. 2020). We obtained model-estimated nationwide  $PM_{2.5}$  concentrations at 1 km resolution (Liang et al. 2020; Xiao et al. 2021) to evaluate the nationwide long-term coupled change between ozone and  $PM_{2.5}$  under the APPCAP. The correlation between  $PM_{2.5}$  and ozone was examined with a partial correlation analysis controlling for temperature, relative humidity, and total precipitation from MERRA-2.

# 2.4. Results

### 2.4.1. Model performance and parameter comparison

The performance of the original model is illustrated in Fig. 2-2. The predicted monthly average MDA8 ozone concentrations from the combined springtime and non-spring model were in good agreement with the ground-based observations, with a random CV R<sup>2</sup> of 0.87 and an RMSE of 13.03  $\mu$ g/m<sup>3</sup>. The spatial CV had an almost identical performance with the random CV (R<sup>2</sup> = 0.86, RMSE = 13.56  $\mu$ g/m<sup>3</sup>). The temporal CV had a slightly lower R<sup>2</sup> of 0.76 and a higher RMSE of 17.71  $\mu$ g/m<sup>3</sup>. The regression lines between the predicted and observed ozone concentrations were close to the 1:1 line for all three types of CV.

As shown in Fig. S1-3, replacing OMI L24 retrieval with the summation of L22-24 retrievals would not substantially impact the model performance. The  $R^2$  and RMSE were almost identical with the original model for all three CV types. Similarly, using the a priori ozone profile (L24 or L22-L24) also had a minimum influence on the overall performance. Although using a priori L22-L24 would increase the temporal CV  $R^2$  by 0.6%, such an attempt also had a negative impact on the predicted spatial distribution of ozone. Fig. S1-4, panel A shows an example of the spatial artifact (horizontal gap in the predicted ozone concentrations) from the model with a

priori ozone profile L22-24. This kind of artifact was not seen in the original model (Figure S1-4, panel B). Given that using alternative partial column ozone amount would not improve the model performance, all results presented hereafter used the model with OMI L24 retrieval unless otherwise specified.

The season-specific model performance showed that our model had a lower performance in spring than in other seasons (Fig. S1-5). To specify, the springtime  $R^2$  were 0.72, 0.71, and 0.53 for random, spatial, and temporal CV, respectively. In addition, the RMSE for all types of CV in spring was around 3  $\mu$ g/m<sup>3</sup> higher than in autumn, but the overall ozone concentrations were comparable in these two seasons.

In addition, our model had a better performance in urban regions than in rural regions (Fig. S1-6). The random, spatial, and temporal CV  $R^2$  were 0.88, 0.87, 0.76 in urban regions and 0.83, 0.81, 0.72 in rural regions. The prediction errors (RMSE) were also higher in rural regions than urban areas (1-2  $\mu$ g/m<sup>3</sup> for all CV types).

Our predicted MDA8 ozone concentrations also agreed well with the TOAR historical data monitoring data before 2014 (overall  $R^2 = 0.73$ , RMSE = 20.68 µg/m<sup>3</sup>), except for the XGLL station. Site-specific time series comparison (Fig. S1-7) showed that the predicted ozone trends were mostly identical with the observations at stations CMA, GCH, and LFS. Although our model may underestimate ozone concentrations at the stations LAN, SDZ, WLG, especially in springtime, it still captured most of the ozone's temporal variation over these locations. The worst agreement was observed at XGLL, where our model almost had no sensitivity to the springtime peak ozone concentrations. The monitoring data was mostly incomplete at the AKDL station, but it may also indicate some springtime underestimations in that region. Incorporating the MODIS FRP data would neither significantly improve the springtime nor the overall agreement with the TOAR historical data (Fig. S1-8). Therefore, we excluded MODIS FRP from the model since introducing data fields external to the study domain may incur unexpected uncertainty.

Although the OMI L24 retrieval had a low raw correlation with the CNEMC data ( $R^2 = 0.34$ , as presented in Fig. S1-9), removing this parameter would result in a slight decrease in the model performance compared to the original model (~1% decrease in  $R^2$  for all three types of CV, as shown in Figs. 2-2 and S1-10). Besides, the agreement between model predictions and the TOAR historical ozone monitoring data would also be worse if OMI L24 retrieval is removed from the model (overall  $R^2$  dropped from 0.73 to 0.70, RMSE increased from 20.68 µg/m<sup>3</sup> to 22.38 µg/m<sup>3</sup>), although the predicted temporal trends were generally similar (Figs. S1-7 and S1-11).

# 2.4.2. Predictor importance ranking

Most of the top predictors in both the spring and non-spring models were meteorological factors, but their relative orders differed (Fig. S1-12). Non-meteorological variables were more important in the non-spring model. For example, the five most important non-meteorological variables in the spring-excluded model were OMI NO<sub>2</sub>; population; the proportion of rainfed cropland; irrigated or post-flooding cropland; and elevation. However, their importance ranking all dropped in spring. The gap-filled OMI boundary layer ozone was one of the most important variables in the spring model, and those that gained the most importance were associated with stratospheric intrusion (e.g., tropopause pressure and vertical wind columns) and lightning flash activity.

# 2.4.3. Seasonality and spatial heterogeneity of ozone levels in China

As shown in Fig.2-3, the spatial distribution and severity of surface ozone pollution in China varied by season. The mean springtime MDA8 ozone concentrations over 2005-2019 were mostly around 80-90  $\mu$ g/m<sup>3</sup>. Moderate ozone pollution (around 100  $\mu$ g/m<sup>3</sup>) was observed in Central-East China, especially around the boundary region between the NCP and the YRD. Southwest China, including the Sichuan Basin and Yunnan Province, was also moderately polluted in this season. In summer, heavy ozone pollution was widespread in China, except for the southwest. The NCP had the worst ozone pollution with the highest 15-yr mean MDA8 ozone concentrations around Beijing approaching the national level-2 air quality standard (160  $\mu$ g/m<sup>3</sup>). In autumn, the PRD region became the most polluted area after a sharp decrease in ozone concentrations in North China. Winter has the lowest ozone level, especially around the NCP region and only the low-latitude regions may have an ozone concentration approaching 100  $\mu$ g/m<sup>3</sup>.

Different regions appeared to have different seasonal patterns (Fig. 2-4). For example, ozone concentrations in the NCP and nearby northern regions started to rise in spring and peaked in summer. After a sharp decrease in autumn, these regions would have the lowest ozone level in winter. In contrast, high ozone concentrations could persist from spring to autumn in southern China without a clear peak in summer. Sporadic ozone hot spots may even be found in winter (Fig. 2-3). The ozone concentration in the YRD is a mixture of the two patterns above, i.e., it had a flatter summer high and a winter low, but high ozone concentrations also persisted in spring and autumn. Most regions in China followed the aforementioned patterns with a few exceptions. For example, Yunnan province saw ozone levels peak in spring and then drop substantially in summer. Ozone concentrations on the Qinghai-Tibet plateau were relatively stable throughout the year, with only a mild peak occurring in summer.

Ozone's spatial heterogeneity was not only observed nationwide but also at the city level. Fig. 2-5 shows the model-estimated ozone concentrations in the YRD region in August 2019, while the right map shows population densities. Some population centers, such as the sub-regions A (Bengbu and Huainan City) and B (Nanjing Metropolitan Area), had lower ozone levels than their surrounding areas. On the contrary, the subregions C (Anqing City) and D (Quzhou and Jinhua City) were more polluted than their surrounding area. As shown in Fig. S1-13, the tropospheric column NO<sub>2</sub> concentrations were higher in sub-regions A and B than in C and D.

#### 2.4.4. The long-term trend of ozone in China

Fig. 2-6 showed the long-term trend of ozone concentrations in the ozone season (defined as March-November) in China. Before 2014, mean ozone concentrations during the ozone season fluctuated from year to year but generally stayed at the same level nationally at approximately 90  $\mu$ g/m<sup>3</sup>. Ozone levels in the NCP, YRD, and PRD regions were higher than the national average but were also stable around their respective long-term averages. A sharp decrease was observed in the YRD and PRD from 2014 to 2016. After 2016, ozone levels nationwide started to rise at various paces. For example, seasonal mean ozone concentrations were almost identical for the YRD and NCP before 2014, but the former experienced a sharper increase from 2015 to 2019 due to the significant drop from 2014 to 2015. After 2018, the mean MDA8 ozone concentrations in the ozone season exceeded 100 µg/m<sup>3</sup> in all these regions.

The summertime (June-July-August) mean MDA8 ozone concentrations showed an overall increasing trend during 2005-2019 in the whole of China (0.27  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.004), the NCP (1.10  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.002), and the YRD (0.85  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.010) (Fig. S1-14). However, similar to the ozone season averages, no significant trend was observed for summertime mean MDA8 ozone concentrations over 2005-2013 (0.04  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.789; -

0.00  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.990; 0.15  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.700; and 0.17  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.711 for entire China, the NCP, the YRD, and the PRD, respectively) (Fig. S1-15). The NCP was the only region that had an overall increasing springtime ozone pollution over 2005-2019 (0.31  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.047) (Fig. S1-16) while no significant trend was found for 2005-2013 across China (-0.04  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.772; -0.21  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.400; -0.51  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.354; and 0.02  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.967 for entire China, the NCP, the YRD, and the PRD, respectively) (Fig. S1-17). As shown in Table S1-2, the TOAR monitoring data also did not exhibit significant increasing trend in ozone pollution during 2005-2013, except for the summertime pollution at the station SDZ (5.79  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.033).

The predicted temporal trend was similar to the CNEMC observations over the grid cells with monitoring sites (Fig. S1-18). Though our model may slightly underestimate the overall ozone season MDA8 ozone concentrations in China, the predicted summer peak ozone was almost identical with the CNEMC observations in China as a whole as well as the NCP, YRD, and PRD (Fig. S1-19). Unlike our model predictions, the 2018-2019 increase in the ozone-season mean MDA8 ozone concentrations was not seen from the CNEMC data except for the PRD. However, there was a substantial increase in some sub-regions, including Central-East China and the Shandong Peninsula (locations listed on Fig. S1-20), as observed by both the CNEMC data and our predictions (Fig. 2-7).

#### 2.4.5. Couple trend between PM<sub>2.5</sub> and ozone in China

The temporal trends of population-weighted ozone and  $PM_{2.5}$  concentrations in China and three major regions are shown in Fig. 2-8. Despite the visible inverse correlation between  $PM_{2.5}$  and ozone levels, partial correlation analyses controlling for temperature, relative humidity, and precipitation indicated that their association varied by region. A statistically significant negative

correlation was observed in the YRD region (r = -0.31, p < 0.001), while in the PRD region, this correlation turned positive (r = 0.34, p < 0.001). No significant association was observed in China as a whole (r = 0.03, p = 0.385) and the NCP (r = -0.07, p = 0.358) after we controlled for temperature, relative humidity and precipitation.

## **2.5. Discussion**

In the present study, we trained a random forest model to predict long-term ground-level MDA8 ozone concentrations in China. To our best knowledge, our model's performance was the highest among similar studies in China. For example, the 0.1° model established in Liu et al. had a spatial CV R<sup>2</sup> of 0.68 and a temporal CV R<sup>2</sup> of 0.69 for monthly mean MDA8 ozone concentrations (Liu et al. 2020). Compared to their study, our model had a finer spatial resolution  $(0.05^{\circ})$  and higher spatial and temporal CV R<sup>2</sup> values (0.86 and 0.76, respectively). Despite a coarser spatiotemporal resolution, our model generally had a comparable performance with those established in regions with sufficient historical ozone monitoring data. For instance, the  $R^2$  for daily MDA8 ozone in Di et al. ranged from 0.7-0.8 across the US over 2000-2012 (Di et al. 2017); the land-use regression model in Adam-Poupart et al. had an R<sup>2</sup> of 0.65 for daytime 8hour average ozone concentrations in Quebec, Canada (Adam-Poupart et al. 2014). One reason for the improved performance was the inclusion of the OMPROFOZ ozone profile instead of the total ozone column. The latter is a noisy proxy of surface-level ozone because approximately 90% of the atmospheric ozone exists in the stratosphere (Fishman and Larsen 1987). Though the gap-filled boundary layer ozone column was not among the top predictors for the non-spring model, it was an important predictor in springtime when ground-level ozone pollution is greatly influenced by SI and foreign transport (Fig. S1-12). Another reason for the higher performance of our model is that the two primary sources of ground-level ozone (i.e., photochemical reactions

and SI) were both accounted for in our study, while previous studies typically focused on the impact of photochemical reactions on ozone patterns.

With the improved spatial resolution, we were able to observe the complex relationship between human activities and ozone concentrations, as presented in Fig. 2-5. These regions have been reported to have a high NOx/VOC ratio so that the abundance of VOCs controls ambient ozone concentrations (X-H Liu et al. 2010). Under the VOC-limited regime, the excessive NOx concentrations would quench ozone molecules through NOx titration (Jhun et al. 2015). On the other hand, ozone concentration in regions C (Anqing City) and D (Quzhou and Jinhua City) with moderate NOx concentrations (Fig. S1-13) fall under the NOx-limited regime with a positive association between ozone and NOx concentrations.

Our modeling results indicated that the seasonality of ozone concentrations in China varied across different regions and was more distinct in northern China than in the south (Fig.2-3 and 2-4). This phenomenon could be explained by three reasons. First, the absolute and relative abundance of ozone precursors have a major impact on ozone concentration. The observed regional and national ozone hot spots occurred predominantly in the megacity clusters (NCP, YRD, PRD, and Sichuan Basin), which was partially attributed to the high anthropogenic emissions of NOx and VOCs (K Li et al. 2019). Second, meteorological conditions such as temperature and solar radiation significantly affect surface ozone formation (Coates et al. 2016; Schnell et al. 2009), making summer the most polluted season in most regions. However, the active monsoon activities in summer, especially in the PRD, may increase cloud cover and weaken solar radiation. Ozone formation would be restrained under such a condition (Qu et al. 2021). The heavy rainfall during the monsoon season may also lead to a reduction in surface

ozone pollution. This may help explain the absence of summer ozone peaks in the low-latitude areas, including the PRD. The stronger seasonal variation of solar radiation in high latitude regions may have contributed to a shorter but more distinct ozone season in the NCP. Finally, the intensity of the SI events varies by region. Deep SI events occur more frequently in the highaltitude regions, with some even reaching the ground (Lin et al. 2012; Lin et al. 2016). Consequently, high ozone concentrations could be observed on the Qinghai-Tibetan plateau in spring despite lower levels of ozone precursors and relatively low temperatures.

Although our model generally captured the seasonal variation of ozone in China, we still found a substantial underestimation of high springtime ozone concentrations, especially at the XGLL station (Fig. S1-7). A potential reason for this underestimation is that foreign ozone transport was not well accounted for in our model. According to Ni et al., foreign regions contribute 40%-60% to China's springtime ozone below the height of 2 km (Ni et al. 2018). This enhancement is very prominent in Southwest China due to the massive biomass burning in South and Southeast Asia (Wang et al. 2011), which peaked in spring (Yin 2020). However, incorporating wildfire emissions from South and Southeast Asia by assuming a distance-dependent influence did not address this underestimation (Fig. S1-8). According to Wang et al., the prevailing westerly wind and active cyclonic activity in spring facilitate ozone transport from South Asia to China (Wang et al. 2011). Therefore, foreign wildfire's impact on China's ozone pollution is not determined by distance itself but follows a certain trajectory. We are unable to address this trajectory in the current model because the grid cells did not extend outside China's boundary except for the 50 km buffer.

China experienced rapid economic growth over the past decades. Nevertheless, the contemporary increase in anthropogenic emissions also greatly exacerbated air pollution over the nation.

According to Lin et al., the 95th percentile summer (June-July-August) MDA8 ozone increased by 1-2 ppb per year in China over 1995-2014 and the springtime (March-April-May) median ozone increased by ~0.5 ppb/yr concurrently (Lin et al. 2017). We also observed an overall increasing trend in summertime ozone pollution during 2005-2019 in the whole of China, the NCP, and the YRD as well as an increase in springtime ozone pollution in the NCP (Figs. S1-14 and S16). However, the increasing trend was not constant from year to year. As seen from our model predictions, neither the springtime nor the summer surface ozone concentrations in China exhibited a significant increasing trend over 2005-2013 (Figs. S1-15 and S1-17). These findings were mostly consistent with the TOAR monitoring data (Table S1-2). SDZ was the only TOAR station that observed an increasing trend in summertime ozone pollution over 2005-2013. The increasing trend at SDZ was primarily driven by an increase from 2005-2007 while no significant trend was observed for 2008-2013 (1.30  $\mu$ g/m<sup>3</sup> \* yr<sup>-1</sup>, p = 0.735). Xu et al. also showed that both the annual highest MDA8 ozone and the annual 4<sup>th</sup> highest MDA8 ozone exhibited no significant long-term increasing trend for most TOAR stations, except for SDZ (Xu et al. 2020). Although historical monitoring data were lacking back to the early 2000s, it can be inferred that the overall increasing trend of China's ozone pollution during 1995-2014 was primarily driven by an increase before 2005. Tang et al. also reported that the ozone concentrations in Beijing increased at a rate of 1.1 ppbv/yr during 2001-2006 (Tang et al. 2009). The differential trends of ozone pollution between 1995-2004 and 2005-2013 were possibly attributable to meteorological conditions. According to Sun and Wang., the surface temperature in Northern and Northeastern China increased during the 1990s but stabilized during 2005-2014 (Sun and Wang, 2017).

A sharp decrease in ozone concentration was observed in China during 2014-2016, especially in the PRD region. This was not an isolated event in China as the US EPA also reported the secondlowest ozone concentrations on record during the 2014-2016 average period (U.S. EPA 2017). The significant reduction in ozone concentration in the northern hemisphere was attributable to El Niño during this period. Olsen et al. reported that the anomalous cyclonic circulation induced by El Niño events coincided with decreased tropospheric ozone (Olsen et al. 2016). Shen et al. found a negative association between the El Niño-Southern Oscillation (ENSO) and summertime ozone air quality in the south-central states of the US (Shen and Mickley 2017). Although the effect of ENSO on ozone pollution in China has yet to be fully understood, indirect evidence supported the strong impact of climate factors between 2014 and 2016. Yang et al. reported that meteorological conditions contributed to a 10  $\mu$ g/m<sup>3</sup> decrease of surface ozone in 2016 and a 3-5  $\mu$ g/m<sup>3</sup> decrease in 2014-2015 in the PRD region. (Yang et al. 2019).

The ozone levels in China increased rapidly after 2016 (Fig. 2-6). This may have to do with both China's emission control policies and meteorological conditions. The issuance of APPCAP in 2013 resulted in a dramatic nationwide decrease in NOx emissions and PM<sub>2.5</sub> levels near the end of this 5-yr plan (Zheng et al. 2018). However, ozone formation falls under the VOC-limited regime in most Chinese urban centers. Reducing NOx emissions became an enhancer of ozone formation in populous areas, which were then transported to other regions (Liu and Wang 2020). In addition, lower PM<sub>2.5</sub> levels would modify ozone pollution because the photolysis rates were less attenuated by aerosol light scattering and absorption (Liu and Wang 2020). Decreased PM<sub>2.5</sub> concentrations could also slow down the sink of hydroperoxyl radicals (HO<sub>2</sub>), resulting in enhanced ozone production (K Li et al. 2019). Such complex interactions among ozone

formation, PM<sub>2.5</sub> levels, and meteorological conditions are reflected in the spatially varying associations between ozone and PM<sub>2.5</sub> concentrations revealed by our partial correlation analysis. The mild weather and year-round intensive human activities cause a long ozone season (March -November) in the YRD. During this period,  $PM_{2.5}$  levels can vary from 25  $\mu$ g/m<sup>3</sup> to above 60  $\mu g/m^3$ , allowing it to affect ozone production negatively. The PRD region was the cleanest affluent city cluster in China in terms of both PM2.5 and ozone. The effect of PM2.5 on ozone production was less notable, and  $PM_{2.5}$  and ozone concentrations were both positively correlated to the emissions of their precursors (Liu and Wang 2020). While PM<sub>2.5</sub> levels in the NCP are high in winter, its cold winter strongly suppresses ozone formation, and no significant correlation was found between ozone and  $PM_{2.5}$  levels after controlling for meteorological conditions. The 2018-2019 increase in surface ozone pollution in China was more likely to be driven by climatological factors, particularly the increased foehn wind frequency and the subsequent changes in temperature and relative humidity (Li et al. 2020). That explained why this round of increase was only seen in several regions by the CNEMC monitoring data (Fig. 2-7). Again, although ozone pollution in China is not consistently worsening from year to year due to the modulation of climatological factors, it generally exhibited a prominent long-term increasing trend (Lin et al. 2017; Xu et al. 2020). Controlling ozone pollution in China remains a challenging task that requires a better understanding of this air pollutant.

Our study has a few limitations. First, the road network data was fixed over the study period. This may result in an underestimation of China's road density, especially after 2010. Although there are alternative road length data, we prefer not to mix multiple datasets with different methodologies to avoid introducing systematic errors. Second, the ozone precursors included in our model were limited to NOx. Satellite retrievals of VOCs are limited and often have weak signal-to-noise ratios in the boundary layer (Zhu et al. 2020). While our current model was able to identify regions under the VOC-limited regime of ozone production, we will continue to explore effective indicators of ground-level VOC to improve our ozone exposure model. Finally, the present study focused on domestic determinants of ambient ozone. The present model may underestimate ozone pollution attributable to foreign transport. Future users of our dataset should be cautious with the springtime underestimations, especially in Southwest China. The roles of long-range ozone transport from outside China warrants further investigation.

# 2.6. Conclusions

We used a data-driven modeling framework to estimate long-term, high-resolution ozone concentrations in China. Predictors that capture the influence of ozone photochemical reactions and SI were included in our model. This model produced reliable historical monthly mean MDA8 ozone concentrations for China at 0.05° resolution with little bias. This 15-yr long, full-coverage national dataset of ambient ozone concentrations includes nine years before China's regulatory air quality monitoring network existed. It could accelerate research on the long-term ozone health effects in China by enabling the use of large general population cohorts established in the 2000s, such as the Chinese Longitudinal Healthy Longevity Survey (Kuang et al. 2020) and the China Health and Retirement Longitudinal Study (Zhao et al. 2014).

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# 2.8. References

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# 2.9. Figures



**Fig. 2-1. The study domain and three major city clusters.** The study domain covered China plus a 50 km buffer region that extends outside the national boundary. NCP: the North China Plain; YRD: the Yangtze River Delta region; PRD: the Pearl River Delta (PRD) region. The points are the location of the China National Environmental Monitoring Centre (CNEMC) monitoring sites. The color scale represents elevation (km).



**Fig. 2-2.** The integrated model performance of the original model with OMI L24 retrieval. Left panel: random CV; middle panel: spatial CV; right panel: temporal CV. The functions on the bottom-right corners are the regression functions between the predicted and observed monthly mean MDA8 ozone concentrations. Red dashed lines: the regression line between the predictions and observations; black solid lines: the x = y line; The color scale represents the density of the points. Abbreviations: CV, cross-validation; MDA8, daily maximum 8-hour average; OMI, Ozone Monitoring Instrument.



**Fig. 2-3. Spatial distribution of seasonal average MDA8 ozone concentrations during 2005-2019.** The ozone concentrations were predicted by the original model with OMI L24 retrieval and averaged seasonally over 2005-2019. Spring: March-April-May; summer: June-July-August; autumn: September- October- November; winter: December-January-February. Abbreviations: OMI, Ozone Monitoring Instrument; MDA8, daily maximum 8-hour average.



**Fig. 2-4. Region-specific seasonal mean MDA8 ozone concentrations during 2005-2019.** The ozone concentrations were predicted by the original model with OMI L24 retrievals. The bars and the corresponding numbers represent the season-specific regional mean MDA8 ozone concentrations (± standard deviation) over 2005-2019. Spring: March-April-May; summer: June-July-August; autumn: September- October- November; winter: December-January-February. Abbreviations: OMI, Ozone Monitoring Instrument; MDA8, daily maximum 8-hour average.



**Fig. 2-5. Summer ozone peak (left) and population (right) in the Yangtze River Delta (August 2019).** The left panel shows the model predicted monthly mean MDA8 ozone concentrations in August 2019. The right panel shows the 1 km population data for 2019 from LandScan. The boxes represent some YRD cities and their surrounding area; A: Bengbu and Huainan City; B: Nanjing Metropolitan Area; C: Anqing City; D: Quzhou and Jinhua City. Abbreviations: MDA8, daily maximum 8-hour average.



**Fig. 2-6. Annual trend of mean ozone season average MDA8 ozone concentrations from 2005 to 2019.** Ozone season is defined as March-November. The lines with different colors and marks represent the model-predicted mean MDA8 ozone concentrations in different regions. Grey line with round marks: China; red line with cross marks: the PRD; orange line with triangular marks: the NCP; blue line with square marks: the YRD. Abbreviations: MDA8, daily maximum 8-hour average; NCP: the North China Plain; PRD: the Pearl River Delta; YRD: the Yangtze River Delta.



Fig. 2-7. The comparison of the summertime (June-July-August) mean MDA8 ozone concentrations between our model predictions and the CNEMC monitoring data over 2014-2019 for selected regions. Upper panel: Central-East China; Lower panel: the Shandong Peninsula. The blue columns on the left represent the CNEMC observations; the orange column on the right represents our model predictions. The height of the columns and the error bars represent the mean MDA8 ozone concentrations and the standard error. Abbreviations: CNEMC, China National Environmental Monitoring Centre; MDA8, daily maximum 8-hour average; NCP: the North China Plain; PRD: the Pearl River Delta; YRD: the Yangtze River Delta.



**Fig. 2-8. Time-series comparison for population-weighted ambient ozone and PM<sub>2.5</sub> concentrations in China over 2005-2018.** First (from top to bottom) panel: China as a whole; second panel: the NCP; third panel: the YRD; last panel: the PRD; r denotes the partial correlation coefficient controlling for temperature, relative humidity, and total precipitation from MERRA-2. P-values were for the r statistics on the left. Blue lines: population-weighted monthly mean MDA8 ozone predicted by our model; orange lines: population-weighted monthly mean PM<sub>2.5</sub> concentrations from (Xiao et al. 2021). Abbreviations: MDA8, daily maximum 8-hour average; NCP: the North China Plain; PRD: the Pearl River Delta; YRD: the Yangtze River Delta.

# 3. Air pollution and cognitive impairment among the Chinese elderly population: A

Nationwide cohort study

[Manuscript 2]

# Qingyang Zhu, Yuebin Lyu, Keyong Huang, Jinhui Zhou, Wenhao Wang, Kyle Steenland, Howard H. Chang, Stefanie Ebelt, Xiaoming Shi, and Yang Liu

# 3.1. Abstract

**Background:** Cognitive decline and dementia have long been recognized as growing public health threats, especially in an aging society. Studies have found that air pollution is a potential risk factor for dementia, but the association between air pollution and cognitive impairment has not been fully understood.

**Objectives:** This study aimed to evaluate the association between three major air pollutants (i.e., PM<sub>2.5</sub>, O<sub>3</sub>, and NO<sub>2</sub>) and cognitive impairment among the Chinese elderly population.

**Methods:** Study participants were selected from the Chinese Longitudinal Health Longevity Survey (CLHLS) after 2005. We define cognitive impairment as a Chinese Mini-Mental-State Exam (CMMSE) score lower than 24. Yearly mean exposure to PM<sub>2.5</sub>, NO<sub>2</sub>, and warm-season (April-September) average MDA8 O<sub>3</sub> were evaluated by assigning three high-performance satellite remote sensing models to the participants' residential addresses. The association between air pollution and cognitive impairment was evaluated with a logistic regression model adjusted for time since enrollment, sociodemographic characteristics as well as chronic conditions like high blood pressure, heart disease, and diabetes.

**Results:** A total of 3,887 participants were enrolled in this study, and 931 (24%) developed cognitive impairment during follow-up visits. In single-pollutant models, we found that per IQR increase in warm-season O<sub>3</sub> (OR per 20.98  $\mu$ g/m<sup>3</sup> = 1.011 [1.000, 1.022], p = 0.033), yearly

average PM<sub>2.5</sub> (OR per 18.34  $\mu$ g/m<sup>3</sup> = 1.009 [1.001,1.016], p = 0.034), and NO<sub>2</sub> (OR per 18.20  $\mu$ g/m<sup>3</sup> = 1.019 [1.007, 1.031], p = 0.001) were positively associated with cognitive impairment. Only NO<sub>2</sub> remained positively associated with cognitive impairment (OR per 10  $\mu$ g/m<sup>3</sup> = 1.018 [1.002, 1.033], p = 0.033) in a multi-pollutant model with PM<sub>2.5</sub> and O<sub>3</sub>.

**Conclusion:** Our results suggested that cognitive impairment could be positively linked to  $PM_{2.5}$ ,  $O_3$ , and  $NO_2$ .  $O_3$  is possibly more hazardous in the warm season (April-September).

Keywords: Air pollution, cognitive impairment, CLHLS, concentration-response relationship

#### **3.2. Introduction**

Cognitive decline and dementia have long been recognized as growing public health threats, especially in an aging society. The all-age mortality rates attributable to dementia had increased by 100.1% (95% CI: 89.1-117.5) from 1990 to 2019, making it the seventh leading risk factor of excessive deaths globally (Collaborators, 2021). In 2020, the prevalence of dementia among the Chinese population aged 60 and above reached 6.0% (Ren et al., 2022). Meanwhile, the global prevalence of dementia was projected to increase from 57.4 (95% CI: 50.4-65.1) million in 2019 to 152.8 (95% CI: 130.8-175.9) million in 2050 (Nichols et al., 2022), posing a great challenge to the healthy aging of the elderly population.

Air pollution has been identified as a potential risk factor for cognitive decline and dementia. For example, a handful of studies linked PM<sub>2.5</sub> to poor cognitive performance (Lin et al., 2017), slower reaction time (Cullen et al., 2018), memory loss (Ailshire & Clarke, 2014; Ailshire & Crimmins, 2014), global cognitive decline (Weuve et al., 2012), and Alzheimer's disease (AD) (Jung et al., 2015; Li et al., 2019). Gaseous pollutants, such as ozone (O<sub>3</sub>) and nitrogen dioxide (NO<sub>2</sub>), were also found to be associated with cognitive decline (Cleary et al., 2018), semantic fluency (Zare Sakhvidi et al., 2022), lower executive function, and impaired logic memory (Gatto et al., 2014). However, as reviewed by Delgado-Saborit et al., current study findings are inconsistent, especially regarding which pollutants have the strongest association with dementia (Delgado-Saborit et al., 2021). This inconsistency is possibly attributable to exposure measurement error, particularly when multiple air pollutants are investigated simultaneously. Recent advances in satellite remote sensing have offered an opportunity to establish high-

performance air pollution models for environmental epidemiological studies. However, satellite retrievals, such as aerosol optical depth (AOD), are typically not direct measurements of ground-

level air pollution per se. A set of machine-learning approaches have been utilized to project the spatiotemporal distribution of multiple air pollutants from satellite-driven data. For example, Liang et al. established a 1-km ensemble learning model for  $PM_{2.5}$  in China from 2000-2018. The model had an overall R<sup>2</sup> of 0.79 with a Root-mean-square error (RMSE) of 21 µg/m<sup>3</sup> (Liang et al., 2020). In addition, we also established 0.05° (approximately 5 km) O<sub>3</sub> (Zhu et al., 2022) and NO<sub>2</sub> prediction models (in submission) covering 2005-2019 from Ozone Measurement Instrument (OMI) retrievals. Certain models not only expanded the spatial coverage of the ground-level monitoring network but also reliably hindcasted historical pollution status for ~10 years before the onset of large-scale environmental monitoring in China (Zhu et al., 2022).

The availability of such long-term air pollution data facilitates epidemiological investigations with large existing cohorts that were established decades ago. The Chinese Longitudinal Health Longevity Survey (CLHLS) is the world's largest survey on centenarians with a compatible group of people aged 65 and above (Zeng et al., 2017). Participants of CLHLS were enrolled in 22 different provinces in China over eight waves of survey data collection that occurred during 1998-2018. Its database includes detailed information on the participants' sociodemographic status as well as medical records. The CLHLS used a Chinese Mini-Mental State Exam (CMMSE, localized from the original MMSE) to evaluate the subjects' cognitive function. To ensure the quality and consistency of the results throughout the whole nation, all the CMMSE tests were conducted face-to-face between trained interviewers and the participants. The CMMSE has proven to be effective for the Chinese elderly population (Ren et al., 2021).

The present study investigated the association between air pollution and cognitive impairment with the CLHLS data. Exposure to PM<sub>2.5</sub>, O<sub>3</sub>, and NO<sub>2</sub> was measured with three highperformance satellite-driven machine learning models. The improvement in exposure matrices could make better use of CLHLS's long temporal coverage and thus benefit our mutual understanding of air pollution as a potential risk factor for dementia.

# 3.3. Methods

#### **3.3.1. Study population**

The CLHLS is a nationwide survey on the healthy aging of the Chinese elderly population covering 22 out of the 31 provinces, namely Beijing, Tianjin, Chongqing, Shanghai, Anhui, Fujian, Guangdong, Guangxi, Hubei, Hunan, Henan, Hebei, Heilongjiang, Liaoning, Jiangxi, Jiangsu, Jilin, Shandong, Shaanxi, Shanxi, Sichuan, and Zhejiang. It comprises eight rounds of data collection that took place in 1998, 2000, 2002, 2005, 2008-2009, 2011-2012, 2014, and 2018, respectively (Zeng et al., 2017). All participants were selected with a targeted random sampling approach to ensure representativeness. The details of CLHLS may also be found at https://cpha.duke.edu/research/chinese-longitudinal-healthy-longevity-survey-clhls.

The present study selected CLHLS participants that were enrolled after 2005 to align with the temporal coverage of the available air pollution exposure dataset. The inclusion criteria covered: 1) free of cognitive impairment (MMSE  $\geq$ = 24) at enrollment; 2) fully completed at least one CMMSE measurement or unable to complete the test only due to significant cognitive impairment; and 3) had clear residential address records. We only tracked participants until they developed a cognitive impairment, if any, assessed via the survey in this study.

The study was approved by the Biomedical Ethics Committee of Peking University (IRB00001052-13074) and the Institutional Review Board of Emory University (STUDY00000950). Signed written consents were obtained from either the participants or their legal representatives for both the baseline and follow-up surveys.

#### **3.3.2. Exposure assessment**

We used three satellite-driven machine learning models to estimate the level of exposure to ambient PM<sub>2.5</sub>, O<sub>3</sub>, and NO<sub>2</sub>. Specifically, the 1-km PM<sub>2.5</sub> data were developed by Liang et al. using the Multi-Angle Implementation of Atmospheric Correction (MAIAC) aerosol optical depth (AOD) product as the main predictor. This model first used a multiple imputation approach to gap-fill the missing AOD values and then a generalized additive model to synthesize prediction results from two tree-based learning algorithms (i.e., RF and XGBoost). Its final predictions agreed well with the ground-level observations, with a daily R<sup>2</sup> value of 0.79 for 2013-2017 and a monthly  $R^2$  of 0.76 for the hindcast period (2000-2013) (Liang et al., 2020). Surface-level O<sub>3</sub> concentrations were generated with the Smithsonian Astrophysical Observatory (SAO) OMI Ozone Profile (OMPROFOZ) at a 0.05 ° resolution as the main predictor (Zhu et al., 2022). The O<sub>3</sub> model considered surface ozone pollution generated either from the photochemical reactions involving NO<sub>2</sub> and volatile organic species (VOCs) or that came down from the stratosphere through the stratospheric intrusion process. Its monthly  $R^2$  reached 0.86 for 2014-2019 and 0.73 for 2005-2013. The NO<sub>2</sub> model was based on the OMI level-3 tropospheric NO<sub>2</sub> vertical column densities (VCD). It also used an ensemble learning approach to account for the non-linear relationship between model predictors and ground-level NO<sub>2</sub> concentrations. The final monthly NO<sub>2</sub> predictions yielded a random CV R<sup>2</sup> of 0.88. It also showed good performance in spatial ( $R^2 = 0.73$ ) and temporal ( $R^2 = 0.82$ ) cross validation (Huang, Zhu et al. 2023).

Annual average exposure to  $PM_{2.5}$ ,  $NO_2$  as well as annual and warm-season (April-September) average MDA8 (daily maximum 8-hour average)  $O_3$  prior to the cognitive test were assigned to the participants based on their geocoded address. To specify, we first matched all the participants' addresses to the model grid cells it completely falls into and then identified their exposure levels according to the date when the CMMSE was carried out. For participants whose addresses changed during two consecutive visits, we considered the midpoint of two visits as the date of moving.

# **3.3.3. Measurement of cognitive impairment**

Participants' cognitive function was measured with the CMMSE. This measure was modified from the original MMSE developed by Folstein et al. in 1975 (Folstein et al., 1975) to fit the socioeconomic status of the Chinese elderly population. Given that most participants of the CLHLS are illiterate, the CMMSE simplified questions regarding calculation and verbal skills (Zeng & Vaupel, 2002). The details of the CMMSE and a sample questionnaire can be found at (https://doi.org/10.18170/DVN/WBO7LK). We define cognitive impairment as an MMSE score <24 or unable to complete the test only due to poor cognitive function. Based on previous studies, we treated questions that were marked 'unable to answer' as wrong. Participants who were not able to complete the questionnaire for reasons other than cognitive impairment (e.g., physical disabilities) were removed from the current study.

### 3.3.4. Covariates

We considered a set of variables as potential confounders. For sociodemographic status, we included age (in years), sex, body mass index (BMI) (kg/m<sup>2</sup>), educational level (in years), ethnic group (Han, Zhuang, and others), and living in an urban/rural area.

We also considered the subjects' behavior patterns and chronic disease status as potential sources of confounding, including past or present smoking, drinking, and physical exercise, as well as

currently suffering from high blood pressure, diabetes, or heart disease. All covariates were updated at each round of survey.

#### **3.3.5. Statistical analysis**

Since all the surveys of CLHLS were conducted on a cross-sectional basis, we were not able to identify the specific date that a participant developed cognitive impairment. Thus, a typical survival analysis using Cox proportional hazards modeling may be inappropriate (Steenland et al., 2018). As such, we used a logistic regression model that included the follow-up time to analyze the association between air pollution and cognitive impairment. The detailed model is illustrated in Eq. 3-1.

$$Logit(P(Y_{iz})) = \beta_0 + \beta_1 time_{iz} + \sum \beta_i air pollutant_{ijz} + \sum \beta_k confounder_{ikz}$$
 (Eq. 3-1)

Where  $Y_i$  denotes the cognitive impairment status for individual *i* at  $z^{th}$  measurement;  $time_{iz}$  denotes the time (in years) since enrollment for individual *i*;  $air pollutant_{ijz}$  denotes the average concentration of air air pollutant *j* for individual *i* in the previous year of the  $z^{th}$  measurement;  $confounder_{ikz}$  represents all the confounders that are listed in the previous section.

We first ran single-pollutant models assessing associations of yearly average PM<sub>2.5</sub>, NO<sub>2</sub>, warmseason MDA8 O<sub>3</sub>, and yearly average MDA8 O<sub>3</sub>, with cognitive impairment status. We then conducted a multipollutant model that included yearly average PM<sub>2.5</sub>, NO<sub>2</sub>, and warm-season O<sub>3</sub> based on the results of the single-pollutant models. Multiple air pollutants were included based on the temporal range, i.e., the effect of warm season O<sub>3</sub> was adjusted for warm season PM<sub>2.5</sub> and NO<sub>2</sub>, while yearly average air pollutants were evaluated simultaneously in a separate model.
We further used a penalized spline function to study the concentration-response relationship between air pollution and cognitive impairment. The spline function was only applied to pollutants that showed a significant association in their single pollutant model.

All the statistical analyses were conducted with R (v 4.0.5, R core team). A two-sided p-value < 0.05 was considered statistically significant.

#### **3.4. Results**

As can be seen in Table 3-1, 3,887 participants at baseline were selected for the present study. Among them, 2,882 (74.1%), 1,362 (35.0%), and 521 (13.4%) completed one, two, and three rounds of the follow-up survey, respectively. At baseline, the average age and BMI were  $80.0 \pm$ 11.3 years and  $22.0 \pm 29.4 \text{ kg/m}^2$ . Slightly more than half of the participants (2,088, 53.7%) were male, while 3,480 (89.5%) of them belonged to the Han ethnic group. A total of 2,642 (68.0%) individuals lived in rural areas. The majority of the participants self-identified as never drinkers (2,563, 65.9%) and never smokers (2,401, 61.8%), while 490 (12.6%) and 605 (15.6%) participants identified themselves as former drinkers and former smokers. Thirty-five percent (1,419) of them exercised regularly. Around 10.3% (401), 24.5% (951), and 4.0% (154) of the participants had heart diseases, high blood pressure (HBP), and diabetes at baseline, respectively. At the first follow-up visit, 752 (26.1%) of the remaining participants developed cognitive impairment, while 129 (9.5%) and 50 (9.6%) people developed CI at the second and third follow-up visits.

As illustrated in Table 3-2, a year increase in age was associated with a 0.7% increase in the risk of cognitive impairment (95% CI = [1.004, 1.010], p < 0.001). Females (OR = 1.040 [1.004, 1.075], p < 0.001), current smokers (OR = 1.026 [1.006, 1.045], p = 0.008), and former drinkers

(OR = 1.024 [1.005, 1.042], p = 0.012) were at a higher risk of cognitive impairment. On the contrary, per year increase in education (OR = 0.997 [0.995, 0.999], p = 0.003), living in an urban area (OR = 0.980 [0.954, 1.012], p = 0.018), and regular exercise (0.966 [0.952, 0.980], p < 0.001) were protective factors for cognitive impairment. We did not observe significant association between cognitive impairment and ethnic groups, BMI, high blood pressure, diabetes, heart diseases, past smoking as well as current drinking status.

The baseline annual average exposure levels to PM<sub>2.5</sub>, NO<sub>2</sub>, and MDA8 O<sub>3</sub> were  $62.5 \pm 14.3 \ \mu g/m^3$ ,  $29.1 \pm 11.7 \ \mu g/m^3$ , and  $89.2 \pm 5.82 \ \mu g/m^3$ , respectively (Table 3-3). Warm season average MDA8 O<sub>3</sub> was significantly higher than the annual average and reached  $106 \pm 12.2 \ \mu g/m^3$ . The exposure levels for three follow-up visits were generally comparable to the baseline. In single-pollutant models (Table 3-4), we found that exposures to O<sub>3</sub>, PM<sub>2.5</sub>, and NO<sub>2</sub> were all positively associated with cognitive impairment. Specifically, per IQR (18.34  $\mu g/m^3$ ) increase in annual average PM<sub>2.5</sub> was associated with a 1% increased odds of cognitive impairment (OR = 1.009 [1.001-1.016], P = 0.034). The OR values per IRQ increase in annual average NO<sub>2</sub> (18.20  $\mu g/m^3$ ) and warm season average O<sub>3</sub> (20.98  $\mu g/m^3$ ) were 1.019 ([1.007, 1.031], p = 0.001) and 1.011 [1.000, 1.022], p = 0.033), respectively. Annual average O<sub>3</sub> exposure was not significantly associated with cognitive impairment (OR per 8.54  $\mu g/m^3 = 1.001 [0.997, 1.014]$ , p = 0.192).

In the multi-pollutant model, only annual average exposure to NO<sub>2</sub> remained positively associated with cognitive impairment (OR = 1.018 [1.002, 1.033] per 18.20  $\mu$ g/m<sup>3</sup> increase, p = 0.023). The OR values and 95% CIs per IQR increase in annual average PM<sub>2.5</sub> and warm season O<sub>3</sub> were 0.965 ([0.919,1.011], p = 0.721), 1.001 ([0.978,1.024], p = 0.452), respectively (Table 3-4).

Fig. 3-1 shows the concentration-response relationship between air pollutants and cognitive impairment. Specifically, the OR of NO<sub>2</sub> increased almost monotonously with higher concentrations (Fig. 3-1A). The lower bound of its 95% CI exceeded 1.00 for 42  $\mu$ g/m<sup>3</sup> and above. The concentration-response relationship between warm-season O<sub>3</sub> and cognitive impairment showed a stage-wise increase (Fig. 3-1B). That is to say, the effect of warm season O<sub>3</sub> was generally stable and even protective for the concentration range between 80-110  $\mu$ g/m<sup>3</sup>. The OR of O<sub>3</sub> increased sharply for 110-130  $\mu$ g/m<sup>3</sup> and then stabilized for concentrations higher than 130  $\mu$ g/m<sup>3</sup>. The OR of PM<sub>2.5</sub> were greater at both low (< 40  $\mu$ g/m<sup>3</sup>) and high concentrations (> 100  $\mu$ g/m<sup>3</sup>), but it was generally around 1.00 for the concentration range 40-100  $\mu$ g/m<sup>3</sup> (Fig. 3-1C).

#### 3.5. Discussion

Air pollution has long been considered a potential risk factor for dementia. In the present study, we found that exposure to annual average PM<sub>2.5</sub> and warm-season O<sub>3</sub> were associated with an increased risk of cognitive impairment in single-pollutant models, annual average NO<sub>2</sub> was associated with cognitive impairment in both the single- and multi-pollutant models. Our findings are in good agreement with studies using the same data source. For example, Wang et al. reported that a 10  $\mu$ g/m<sup>3</sup> increase in ambient PM<sub>2.5</sub> concentrations was associated with a 5.1% increased risk of poor cognitive function (defined as MMSE < 18, HR = 1.05 [1.02,1.08]) using the CLHLS data after 2002 (Wang et al., 2020). Yao et al. found that China's clean air policy significantly decelerated the decline in MMSE score using a quasi-experimental design (Yao et al., 2022). Using CLHLS after 2008, Ma et al. examined the effect of two-year average exposure to PM<sub>2.5</sub>, O<sub>3</sub>, and NO<sub>2</sub> on cognitive function. Their findings suggest that PM<sub>2.5</sub> increased the risk

of cognitive impairment (threshold of MMSE varied from 18-24, HR = 1.10 [1.02,1.18] per 20  $\mu$ g/m<sup>3</sup>), while O<sub>3</sub> and NO<sub>2</sub> yielded elevated but statistically insignificant risks (Ma et al., 2022). Compared to the studies above, our study improved the assessment of air pollution exposure by using three high-performance satellite-driven air pollution models at fine resolutions. With this advantage, we identified significant positive associations between all three air pollutants and cognitive impairment even under a more sensitive definition (MMSE < 24). The striker definition of cognitive impairment also possibly explained why our magnitudes of association were relatively smaller than the studies mentioned above.

Studies in other countries also examined the association between air pollution and cognitive impairment, but the consistency of results varied across different air pollutants. Specifically, studies in Sweden (Grande et al., 2021), South Korea (Lee et al., 2022), and the US (Grande et al., 2021) reported that PM<sub>2.5</sub> would escalate the risk of cognitive decline measured by the MMSE. NO<sub>2</sub> has also been positively linked to cognitive decline or dementia in the US (Shi et al., 2021), England (Carey et al., 2018), and Canada (Chen et al., 2017; Smargiassi et al., 2020). However, the findings were more controversial for ozone. For example, Cleary et al. reported that ozone is correlated with faster cognitive decline (Cleary et al., 2018) in the US. On the contrary, Chen et al. found no significant association between O3 and dementia in a Canadian cohort study. Park et al. even reported that O<sub>3</sub> yielded protective effects for cognitive decline in Korea (Park et al., 2022).

A possible reason for this controversy is the time window of ozone exposure. As a secondary pollutant, ground-level ozone is predominantly formed by the photochemical reactions between NOx and VOCs in the presence of heat and solar radiation (Li et al., 2020; Zhu et al., 2022). Consequently, ozone exhibits distinct seasonality in most Chinese regions, where elevated ozone

pollution usually occurs from late spring to early autumn (Zhu et al., 2022). In this study, O<sub>3</sub> posted null or even protective effects at low-medium concentrations (70 – 110  $\mu$ g/m<sup>3</sup>), but its risk surged at concentrations higher than 110  $\mu$ g/m<sup>3</sup> (Fig. 3-1). Additionally, we found that warm-season exposure to ozone is positively associated with cognitive impairment, but annual averages yielded insignificant effects. This phenomenon has also been spotted for other health outcomes. As reviewed by Atkinson et al., studies that used warm-season exposure to ozone generally reported a positive association with mortality, while no evidence was shown for annual concentrations (Atkinson et al., 2016). These findings suggested that the health effect of ozone is possibly more prominent in the warm seasons with a high pollution level.

The importance of NO<sub>2</sub> needs to be highlighted since it is the only air pollutant that remained positively associated with cognitive impairment in the multi-pollutant model. Previous toxicological studies have also supported the link between NO2 and dementia. For example, Li and Xin found that NO<sub>2</sub> inhalation could induce dose-dependent excitotoxicity and increase the risk of vascular dementia in healthy rats (Li & Xin, 2013). This finding also agreed with the monotonic increasing concentration-response relationship between NO<sub>2</sub> and cognitive impairment in this study (Fig. 3-1). Furthermore, Li et al. also reported that exposure to NO<sub>2</sub> may accelerate neural apoptosis and express neurotoxicity (Li et al., 2012). Nevertheless, current evidence is still controversial regarding which air pollutant is primarily associated with cognitive impairment (Delgado-Saborit et al., 2021), highlighting the need to study air pollution as a mixture rather than individual pollutants.

A major strength of this study is the inclusion of three high-performance satellite-driven air pollution models. To date, China's air quality monitoring network has covered most cities, but rural areas remain largely unmonitored. Given that most participants of the CLHLS lived in rural

areas, using satellite-driven exposure estimates could significantly improve the accuracy of exposure measurement. The extended temporal coverage of our exposure datasets also facilitates the investigations with historical cohort data, especially on chronic health outcomes like cognitive impairment and dementia. Another advantage is that the CLHLS used face-to-face interviews to measure cognitive function and collect other covariates. This process guaranteed the data quality and consistency across the whole nation.

This study also has some limitations. First, we were unable to identify the specific time when a participant developed cognitive impairment, which may lead to exposure misalignment. Accounting for this, we adjusted for the follow-up in the logistic regression model since it could still be an informative predictor of cognitive impairment (Steenland et al., 2018). Second, we could not generate exposure data before 2005 due to the availability of OMI products. Consequently, only four out of the eight waves of the CLHLS were included in the study. Future studies may use a bigger sample size to study the impact of air pollution on healthy aging if the exposure dataset can be further generated to the late 1990s.

#### **3.6.** Conclusions

This study used satellite-driven datasets to study the association between air pollution and cognitive impairment among the Chinese elderly population. In the single pollutant models, we found that warm-season mean MDA8 O<sub>3</sub>, annual mean  $PM_{2.5}$ , and  $NO_2$  were positively associated with cognitive impairment (MMSE < 24). Compared to warm-season O<sub>3</sub>, yearly average O<sub>3</sub> yielded similar magnitude but non-significant effect estimates, suggesting that warm-season O<sub>3</sub> is a better exposure metric. Yearly average  $NO_2$  was the only air pollutant that remained a significant risk factor for cognitive impairment in the multi-pollutant model. The

concentration-response relationship showed that NO2 was associated with a monotonous

increasing risk for cognitive impairment and dementia.

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## 3.8. Tables and Figures

rs)	± 10.9 79.7 ± 8.54	
	+10.9 79.7 $+8.54$	
(SD) $80.0 \pm 11.3$ $81.6$	± 10.9 79.7 ± 0.94	$80.7\pm6.63$
2088 (53.7%) 1464 (	(50.8%) 724 (53.2%)	276 (53.0%)
e 1799 (46.3%) 1418 (	(49.2%) 638 (46.8%)	245 (47.0%)
(SD) $22.0 \pm 29.4$ 22.3	$\pm 7.14$ 23.0 $\pm 12.4$	$23.1\pm7.59$
oup		
3480 (89.5%) 2539 (	(88.1%) 1200 (88.1%)	324 (62.2%)
g 112 (2.9%) 94 (	3.3%) 48 (3.5%)	12 (2.3%)
295 (7.6%) 249 (	(8.6%) 114 (8.4%)	185 (35.5%)
n (years)		
(SD) $3.09 \pm 3.88$ 3.13	$\pm 3.88$ $3.62 \pm 4.02$	$2.90 \pm 4.04$
rea		
2642 (68.0%) 1802 (	(62.5%) 830 (60.9%)	336 (64.5%)
1245 (32.0%) 1080 (	(37.5%) 532 (39.1%)	185 (35.5%)
e impairment		
l cognitive function 3887 (100%) 2130 (	(73.9%) 1233 (90.5%)	471 (90.4%)
0 (0%) 752 (2	26.1%) 129 (9.5%)	50 (9.6%)
lrinking		
t drinker 834 (21.5%) 556 (	19.3%) 251 (18.4%)	103 (19.8%)
r drinker 490 (12.6%) 451 (	15.6%) 176 (12.9%)	63 (12.1%)
drinker 2563 (65.9%) 1875 (	(65.1%) 935 (68.6%)	355 (68.1%)
smoking		
t smoker 881 (22.7%) 603 (2	20.9%) 298 (21.9%)	94 (18.0%)
r smoker 605 (15.6%) 521 (	18.1%) 243 (17.8%)	94 (18.0%)
smoker 2401 (61.8%) 1758 (	(61.0%) 821 (60.3%)	333 (63.9%)
1419 (36.5%) 1254 (	(43.5%) 587 (43.1%)	232 (44.5%)
2468 (63.5%) 1628 (	(56.5%) 775 (56.9%)	289 (55.5%)

		-	=	-
	Baseline (N=3887)	First follow-up (N=2882)	Second follow-up (N=1362)	Third follow-up (N=521)
Heart diseases				
Yes	401 (10.3%)	392 (13.6%)	221 (16.2%)	105 (20.2%)
No	3486 (89.7%)	2490 (86.4%)	1141 (83.8%)	416 (79.8%)
High blood pressure				
Yes	951 (24.5%)	880 (30.5%)	532 (39.1%)	236 (45.3%)
No	2936 (75.5%)	2002 (69.5%)	830 (60.9%)	285 (54.7%)
Diabetes				
Yes	154 (4.0%)	185 (6.4%)	117 (8.6%)	55 (10.6%)
No	3733 (96.0%)	2697 (93.6%)	1245 (91.4%)	466 (89.4%)

Covariates	OR (95% CI)	P-value	
Age (yr)	1.007 (1.004, 1.010)	< 0.001*	
BMI (kg/m <sup>2</sup> )	1.000 (0.999, 1.000)	0.948	
Time since enrollment (yr)	1.010 (1.008,1.012)	< 0.001*	
Sex			
Male	-	-	
Female	1.040 (1.004, 1.075)	< 0.001*	
Ethnic group			
Han	-	-	
Zhuang	1.020 (0.982, 1.059)	0.339	
Others	0.983 (0.954, 1.012)	0.145	
Living area			
Rural	-	-	
Urban	0.980 (0.963, 0.996)	0.018*	
Education (yr)	0.997 (0.995, 0.999)	0.003*	
Tobacco smoking			
Never smoker	-	-	
Former smoker	1.017 (0.997, 1.036)	0.104	
Current smoker	1.026 (1.006, 1.045)	0.008*	
Alcohol drinking			
Never drinker	-	-	
Former drinker	1.024 (1.005, 1.042)	0.012*	
Current drinker	1.006 (0.986, 1.026)	0.571	
Exercise			
No	-	-	
Yes	0.966 (0.952, 0.980)	< 0.001*	
Heart disease			
No	-	-	
Yes	1.010 (0.991, 1.030)	0.304	
High blood pressure			
No	-	-	
Yes	1.008 (0.993, 1.023)	0.252	
Diabetes			
No	-	-	
Yes	1.002 (0.975, 1.028)	0.924	

Table 3-2. The association between model covariates and cognitive impairment

**Notes:** OR (95% CI) and P-value were from the multi-pollutant model. \*: p < 0.05.

	Baseline (N=3887)	First follow- up (N=2882)	Second follow- up (N=1362)	Third follow-up (N=521)	Overall (N=8652)	P-value
Warm season O <sub>3</sub>						
Mean (SD)	$106\pm12.2$	$107 \pm 13.1$	$108 \pm 14.7$	$113\pm18.9$	$107\pm13.5$	< 0.001*
Annual average O <sub>3</sub>						
Mean (SD)	$89.2\pm5.82$	$89.0\pm6.45$	$89.4 \pm 7.53$	$93.2\pm8.86$	$89.4\pm6.61$	< 0.001*
Annual average PM <sub>2.5</sub>						
Mean (SD)	$62.5\pm14.3$	$62.6 \pm 16.0$	$61.1\pm18.7$	$47.5\pm11.1$	$61.4 \pm 15.9$	< 0.001*
Annual average NO <sub>2</sub>						
Mean (SD)	$29.1 \pm 11.7$	$32.2\pm12.4$	$31.7\pm12.8$	$28.5 \pm 11.5$	$30.5 \pm 12.2$	< 0.001*

Table 3-3 Exposure levels to  $O_3,\,PM_{2.5},\,and\,\,NO_2\,(\mu g/m^3)$ 

\*: p < 0.05

Air pollutants	IQR (µg/m <sup>3</sup> )	OR (95% CI) <sup>1</sup>	P-value <sup>1</sup>	OR (95% CI) <sup>2</sup>	<b>P-value</b> <sup>2</sup>
PM <sub>2.5</sub> (yearly)	18.34	1.009 (1.001,1.016)	0.034*	1.001 (0.992,1.010)	0.721
O <sub>3</sub> (yearly)	8.54	1.006 (0.997,1.014)	0.192	1.000 (0.991,1.009)	0.889
O <sub>3</sub> (warm season)	20.98	1.011 (1.000,1.022)	0.033*	1.007 (0.989,1.024)	0.452
NO <sub>2</sub> (yearly)	18.20	1.019 (1.007,1.031)	0.001*	1.018 (1.002,1.033)	0.033*

Table 3-4. The association between air pollution and cognitive impairment

**Notes:** 1, OR (95% CI) and P-value from the single pollutant model; 2, OR (95% CI) and P-value from the multi-pollutant models. Multiple air pollutants were included based on the temporal range, i.e., the effect of warm season  $O_3$  was adjusted for warm season  $PM_{2.5}$  and  $NO_2$ , while yearly average air pollutants were evaluated simultaneously in a separate model. The OR values are per IQR increase of the air pollutants. \*: p < 0.05



**Fig. 3-1.** Concentration-response relationship between air pollutants and cognitive impairment. A: yearly average NO<sub>2</sub>; B: Warm-season (April-September) average O<sub>3</sub>; C: yearly average PM<sub>2.5</sub>.

# 4. The Association between Wildfire and Emergency Department (ED) Visits for Anxiety Disorders in the Western United States

[Manuscript 3]

Qingyang Zhu, Danlu Zhang, Wenhao Wang, Rohan Richard D'Souza, Haisu Zhang, Kyle Steenland, Noah Scovronick, Stefanie Ebelt, Howard H. Chang, and Yang Liu

#### 4.1. Abstract

**Background:** Wildfires and anxiety are both growing threats to the global economy and public health. Nevertheless, the association between wildfire-related exposures and anxiety disorders remains largely unclear.

**Objectives:** We aimed to examine the association between wildfire-related exposures and emergency department (ED) visits for anxiety disorders in the Western United States.

**Methods:** We used a case-crossover design for the present study. Records of ED visits were obtained from five different Western US states, including Arizona, California, Nevada, Oregon, and Utah. Anxiety disorders were defined as ICD-10 codes F40-F48 and their corresponding ICD-9 codes. Exposure to wildfire smoke PM<sub>2.5</sub> and background PM<sub>2.5</sub> was evaluated with an ensemble learning method. We used a conditional logistic regression to evaluate the association between wildfire smoke PM<sub>2.5</sub> and ED visits for anxiety disorders.

**Results:** A total of 1,897,865 cases from 2007-2018 were included in this study. We found that a  $10 \text{ ug/m}^3$  increase in wildfire smoke PM<sub>2.5</sub> was associated with a 0.6% (OR = 1.006 [1.001,1.012], p = 0.029) increase in the risk of ED visits for anxiety disorders. Age- and sex-stratified analysis showed that females (OR per 10 ug/m<sup>3</sup> = 1.011 [1.002,1.021], p = 0.020) and the elderly population (OR per 10 ug/m<sup>3</sup> = 1.035 [1.017, 1.054], p < 0.001) were more

vulnerable to wildfire smoke PM<sub>2.5</sub> regarding anxiety disorders. Additionally, an extreme smoke event (defined as smoke PM2.5 contributed to  $\geq 75\%$  of the total PM<sub>2.5</sub> in the past 48 hours) was also associated with an increase in the risk of ED visits for anxiety disorders (OR = 1.063 [1.015, 1.113], p = 0.009).

**Conclusion:** Our results suggest that wildfires are associated with an increased risk of ED visits for anxiety disorders. Females and the elderly are more vulnerable to the anxiety disorders associated with wildfire-related exposures.

#### 4.2. Introduction

Attributable to anthropogenic climate change repercussions, wildfire has become a growing threat to the global economy and public health (Ellis et al., 2022; Jones et al., 2022). Over the past 20 years, rising temperatures and shifting drying patterns have substantially escalated global fire potential (Ellis et al., 2022), resulting in expanded burned areas and prolonged fire seasons (Jolly et al., 2015; Richardson et al., 2022). The impact of wildfires, however, is not uniformly distributed across the globe, with variations stemming from differences in climatology and geographical conditions. The Western United States has long been identified as a major fireprone region, predominantly due to the recurrent presence of fire weather conditions, increasing droughts, and the abundance of fuel resources (Gannon & Steinberg, 2021; Jones et al., 2022; Zhang et al., 2020). The widespread occurrence of wildfires in the Western US has caused a surge in smoke emissions. In recent years, it was estimated that wildfire smoke accounted for around 40% of the total PM2.5 across the whole Western US and even 50% in the Northwestern region, exacerbated substantially from the 15-20% contribution in the early 2000s (Burke et al., 2021). Previous epidemiological studies have linked wildfire smoke exposure to a variety of adverse health outcomes, particularly those affecting the respiratory system (Reid Colleen et al., 2016).

Mental health disorders, including anxiety disorders, have been another expanding threat to global public health in the past decades. According to the global burden of diseases (GBD) study, mental health disorders contributed to a total of 125.3 million (95% uncertainty interval (UI) = [93.0 - 163.2]) disability-adjusted life-years (DALYs) in 2019, increased substantially from 80.8 million (95% UI = [59.5 - 105.9]) in 1990. Anxiety disorders, in particular, were the most prevalent mental health condition that affected 970.1 (95% UI = [990.9 - 1044.4]) per

million individuals in 2019 (GBD Collaborators, 2022). The GBD 2019 revealed that anxiety disorders ranked among the top 25 leading contributors to the global DALYs for all populations and were among the top 10 contributors for females and adolescents (Murray et al., 2020). Regions with high socio-demographic indices, including Western Europe, Australia, and high-income North America, exhibited the highest age-standardized incidence rates of anxiety disorders (Yang et al., 2021).

The coupled increasing trend of wildfire activities and the prevalence of anxiety disorders has highlighted the need to investigate the mental health consequences associated with wildfires. Although a handful of studies have established the link between ambient  $PM_{2.5}$  and anxiety disorders in the US (Power et al., 2015; Pun et al., 2017), China (Shi et al., 2020; Zhao et al., 2022), and the UK (Hao et al., 2022), evidence concerning wildfire smoke exposure remains inconclusive (Eisenman & Galway, 2022). For example, Mirabelli et al. reported that the prevalence of being unable to stop or control worrying more than half the time during the past 14 days elevated by 30% (prevalence ratio = 1.30, 95% CI = [1.03 – 1.65]) among adults exposed to medium or heavy smoke for six weeks or more in the past year in Oregon, US (Mirabelli et al., 2022). Similarly, Humphreys et al. found that wildfire smoke events were associated with heightened anxiety and depression in the rural Washington State community (Humphreys et al., 2022). However, the absence of high-performance quantitative measurements of wildfire smoke  $PM_{2.5}$  has limited the potential for large-scale population studies that feature higher statistical power and validity.

In addition to the inhalation of smoke  $PM_{2.5}$ , wildfire itself may have adverse psychological effects that ultimately result in anxiety disorders. For example, a case study in Canada showed a positive association between to prevalence of generalized anxiety disorders and witnessing

homes being destroyed by the wildfire or living in a different home among survivors of the 2016 Fort McMurray wildfire (Agyapong et al., 2018). As reviewed by To et al., trauma-related factors, such as property loss or fearing the loss of loved ones, could increase the risk of anxiety disorders following wildfire events (To et al., 2021). However, those studies were limited in scope and did not quantify the magnitude of risk associated with wildfire exposure. Furthermore, it remains unclear whether certain population groups are more susceptible to anxiety disorders due to wildfire-related exposures since some individuals, such as women, are considerably more vulnerable to anxiety and stress-related disorders (Li & Graham, 2017; Yang et al., 2021).

Therefore, the present study aimed to investigate the impact of wildfires on emergency department (ED) visits for anxiety disorders in the Western United States using a satellite-driven exposure dataset. The association between wildfires and anxiety disorders was explored through two potential pathways: 1) the inhalation of wildfire smoke PM<sub>2.5</sub>, and 2) the psychological effects of wildfire smoke events and visible fire points. Additionally, we also evaluated whether the association between wildfire and anxiety disorders differed among distinct sex, age, and ethnic groups. The findings of this study will enhance our mutual understanding of the mental health impact of wildfires and promote environmental justice by benefiting vulnerable populations.

#### 4.3. Methods

#### **4.3.1. ED visits for anxiety disorders**

We obtained ED visits data from five different Western US states, including Arizona (2010-2018), California (2007-2018), Nevada (2009-2016), Oregon (2014-2018), and Utah (2007-

2016). Anxiety disorders were defined as the International Classification of Disease, Tenth Revision (ICD-10) codes F40-F48 and the corresponding ICD-9 codes (300, 308, 309.0, 309.1, 309.24, 309.28, 309.29, 309.3, 309.4, 309.8, and 309.9) were applied for records before Oct 1, 2015. We only included patients whose primary reason for the ED visit was anxiety disorders.

#### **4.3.2. Exposure assessments**

Exposure to wildfire smoke PM<sub>2.5</sub> was assessed with a one km satellite-driven model. In brief, we considered two different scenarios of PM<sub>2.5</sub> pollution: total PM<sub>2.5</sub> and background PM<sub>2.5</sub> (nonsmoke PM<sub>2.5</sub>). The total PM<sub>2.5</sub> model was trained with the data from regions that were affected by wildfire smoke. The background PM<sub>2.5</sub> model was trained with data from the smoke-free regions (i.e., regions that were not affected by wildfire smoke). We then use both models to predict PM<sub>2.5</sub> concentrations under different scenarios and subtract the background PM<sub>2.5</sub> from the total PM<sub>2.5</sub> to get wildfire smoke PM<sub>2.5</sub>. The detailed description of this model has been documented elsewhere (manuscript in preparation). We further aggregated wildfire smoke PM<sub>2.5</sub> and background PM<sub>2.5</sub> to the zip-code level to match the ED visits data. We did a vaguer aggregation (aggregate by the first four digits of the zip codes) for all patients in Nevada, given that the full zip codes were not available for this state.

Daily active wildfire points from 2007-2018 were obtained from the Fire Information for Resource Management System (FIRMS) data archive

(https://firms.modaps.eosdis.nasa.gov/download/). We considered two proxies of exposure to wildfire: the number of active wildfire points within a given zip code and the cumulative fire radiative power (FRP) for all those fire points. The state of Nevada was excluded from this specific analysis, given that the complete zip code information was unavailable.

#### 4.3.3. Meteorological data

Daily maximum and minimum temperature in degrees Celsius and vapor pressure in pascals at 1 km resolution from 2007-2018 were obtained from Daymet (<u>https://daymet.ornl.gov/</u>). We further calculated the daily mean temperature by averaging the daily maximum and minimum temperatures. Relative humidity was calculated using Magnus' formula (Lawrence, 2005). Similar to wildfire smoke PM<sub>2.5</sub>, we also aggregated the Daymet meteorological data to the zip code level to align with ED visits records.

#### 4.3.4. Statistical analysis

We used a case-crossover design to investigate the association between wildfire exposure and ED visits for anxiety disorders. Specifically, if an ED visit occurred on day X, we use all the other dates within the same month that fell on the same day of the week as day X to serve as self-control days. The exposures of interest included: 1) two-day average wildfire smoke PM<sub>2.5</sub> (the day of the ED visits and the previous day); 2) the occurrence of a wildfire smoke event (defined as wildfire smoke PM<sub>2.5</sub> contributed to  $\geq 25\%$  of the total PM<sub>2.5</sub> in the past two days); 3) the occurrence of a major wildfire smoke event (defined as wildfire smoke PM<sub>2.5</sub> contributed to  $\geq 25\%$  of the total PM<sub>2.5</sub> contributed to  $\geq 75\%$  of the total PM<sub>2.5</sub> in the past two days); 4) The total number of active wildfire points within a given zip code in the past two days.

We employed a two-stage conditional logistic regression model to examine the association between the exposures of interest and ED visits for anxiety disorders. Stage one (model 1) considered only the effects of the exposures of interest, while stage two (model 2) controlled for background PM<sub>2.5</sub>. Common covariates for both models included federal holiday indicators and natural splines for the day of year (DOY), mean temperature, and relative humidity (RH). The degrees of freedom were four for DOY and six for temperature and RH. The detailed model specification is shown as eq. 1 below.

Logit 
$$P(Y) = \beta_0 + \beta_1$$
 exposures of interest +  $\beta_2$ background  $PM_{2.5} + \beta_3$ holidays +  
 $ns(DOY) + ns(temp) + ns(RH)$  (eq. 1)

Where exposures of interest included 2-day average smoke  $PM_{2.5}$ , smoke events, major smoke events, the total number of active fire points within a 2-day period, and their cumulative FRP, each exposure of interest was analyzed independently. Model 1 incorporated the exposures of interest and other covariates, while Model 2 further adjusted for background  $PM_{2.5}$  levels.

Although an advantage of a case-crossover study is that the individual-level time-invariant variables (e.g., age, sex, race) are automatically controlled for in the design stage, we conducted multiple stratified analyses to determine if the association between wildfire-related exposures and ED visits for anxiety disorders varied across different population groups. Specifically, we evaluated whether the association varied across different sex (males/females), age groups (adolescents aged 5-17, adults aged 18-64, and the elderly aged 65 and above), races (white/black/Asian/others) as well as ethnicities (Hispanic/non-Hispanic).

We also conducted some sensitivity analyses to see if the results were stable under different model settings. First, we explored various lagged effects of smoke  $PM_{2.5}$ , ranging from the sameday exposure of the ED visits (day 0) to the five-day moving average (day 0 plus four previous days). Second, we investigated the effects of different degrees of freedom for DOY (4-8), temperature (4-6), and RH (4-6). All analyses were performed with R (version 4.0.5). Package *survival* was used to run the conditional logistic regression models.

#### 4.4. Results

#### 4.4.1. Study population

This study analyzed 1,897,865 emergency department (ED) visits for anxiety disorders (Table 4-1). The majority of cases (1,513,553, 79.8%) originated from California, while Arizona, Nevada, Oregon, and Utah contributed 184,772 (9.7%), 63,643 (3.4%), 67,953 (3.6%), and 67,944 (3.6%) cases, respectively. Among all participants, 60.5% (1,148,133) were female, with the percentage of females varying between 59.0% and 61.8% across different states. Adults accounted for 83.0% (1,575,972) of the total ED visits, while children and adolescents made up 8.0% (152,465), and elderly individuals accounted for 8.9% (169,448). Out of all the participants, 1,181,866 participants were non-Hispanic. The highest proportion of Hispanic participants was observed in California (580,410, 38.3%), while the lowest proportion was found in Oregon (8,264, 12.2%). A total of 1,228,284 (64.7%) participants were white, while black, Asian, and other racial groups accounted for 8.1% (154,493), 4.0% (76,312), and 23.1% (438,766), respectively.

As illustrated in Table 4-2, the averaged 48-h exposure to smoke  $PM_{2.5}$  and background  $PM_{2.5}$  was  $0.93 \pm 3.18 \,\mu$ g/m<sup>3</sup> and  $9.91 \pm 4.42 \,\mu$ g/m<sup>3</sup>, respectively. A total of 629,622 smoke events occurred during the study period, including 142,436 that occurred on case days and 486,186 that occurred on control days. Additionally, we also identified 11,931 extreme wildfire smoke events, with 2,809 took place on case days and 9,122 on the control days.

A total of 4,264 cases occurred on days with active wildfire points in the same zip code (Nevada was excluded). On case days with active fire points, the mean fire count was  $3.16 \pm 8.34$ , with an average cumulative FRP of  $415 \pm 821$ . We also identified 14,574 control days with active fire points. The average fire count and cumulative FPR were  $2.92 \pm 7.48$ , and  $211 \pm 814$ , respectively (Table 4-2).

#### 4.4.2. The effects of wildfire smoke PM<sub>2.5</sub>

We found that a 10  $\mu$ g/m<sup>3</sup> increase in 48-h exposure to smoke PM<sub>2.5</sub> was associated with a 0.6% increase in the risk of ED visits for anxiety disorders (OR = 1.006 [1.000,1.012], p = 0.040) in model 1 (Table 4-3). The OR for smoke PM<sub>2.5</sub> in the model adjusted for background PM<sub>2.5</sub> was 1.003 (95% CI = [0.998,1.010], p = 0.169).

As illustrated in Fig. 4-1, a 10  $\mu$ g/m<sup>3</sup> increase in smoke PM<sub>2.5</sub> was associated with a 1.8% increase in the risk of ED visits for anxiety disorders among females in model 1 (OR = 1.011, 95% CI = [1.002, 1.021], p = 0.020). Smoke PM<sub>2.5</sub> was also a significant risk factor for ED visits for anxiety disorders in elderly males (OR per 10  $\mu$ g/m<sup>3</sup> = 1.033 [1.011, 1.056], p = 0.003), elderly females (OR per 10  $\mu$ g/m<sup>3</sup> = 1.040 [1.006, 1.074], p = 0.027), and female adults (OR per 10  $\mu$ g/m<sup>3</sup> = 1.012 [1.001,1.022], p = 0.027). No significant association between smoke PM<sub>2.5</sub> and ED visits for anxiety disorders was observed for children and adolescents, regardless of sex.

The race and ethnicity stratified analysis (supplemental Fig. S2-1) demonstrated that 48-h exposure to smoke PM<sub>2.5</sub> was associated with the risk of ED visits for anxiety disorders in white females (OR = 1.012 [1.000, 1.024], p = 0.045). We also observed marginally significant associations in other females (OR = 1.021 [0.998, 1.044], p = 0.068) and Hispanic females (OR = 1.017 [0.997, 1.036], p = 0.073).

#### 4.4.3. The effects of smoke events

We found that a smoke event was not significantly associated with the risk of ED visits for anxiety disorders in the general population, regardless of the adjustment for background PM<sub>2.5</sub> (Table 4-3). Nevertheless, as demonstrated in Fig. 4-2, the age- and sex-stratified analysis revealed the association between smoke events in the past 48 hours and an elevated risk of ED visits for anxiety disorders among all females (OR = 1.013 [1.001, 1.025], p = 0.035), and female adults (OR = 1.015 [1.002, 1.029], p = 0.021). Both associations remained significant after adjusting for background PM<sub>2.5</sub> (OR = 1.012 [1.000, 1.029], p = 0.044 for all females and OR = 1.015 [1.002, 1.028], p = 0.026 for female adults). We found no significant association between smoke events and ED visits for anxiety disorders in males among all age groups.

Furthermore, our results (Table 4-3) showed that a major smoke event was associated with an increased risk of ED visits for anxiety disorders in the general population (OR = 1.063 [1.015, 1.113], p = 0.009), even adjusting for background PM<sub>2.5</sub> (OR = 1.056 [1.009, 1.106], p = 0.019). While this association was not observed in females (Fig. 4-3), we found significant impacts of major smoke events on both adult males (OR = 1.082 [1.013, 1.158], p = 0.018) and elderly males (OR = 1.235 [1.052, 1.452], p = 0.010). However, we also found that major smoke events were negatively associated with ED visits for anxiety disorders in all female children and adolescents (OR = 0.812 [0.684,0.964], p = 0.008 and OR = 0.636 [0.474, 0.852], p = 0.002, respectively).

#### 4.4.4. The effects of active fire points and FRP

As shown in Table 4-3, we found a marginally significant association between the number of visible fire points and ED visits for anxiety disorders in the general population (OR per fire point

= 1.002 [0.999, 1.005], p = 0.066). No association was observed for the cumulative FRP (OR per 67.75 W = 1.000 [0.999, 1.001], p = 0.200). However, the age- and sex-stratified analysis (Fig. 4-4) showed that an active fire point is associated with a 1.1% increase in the risk of ED visits for anxiety disorders among the elderlies (OR = 1.011 [1.000, 1.022], p = 0.042). Additionally, per IQR increase (67.75) in the cumulative fire radiative power is also associated with an increased risk of ED visits for anxiety disorders in all elderlies (OR = 1.003 [1.001, 1.005], p = 0.008) and elderly males (OR = 1.003 [1.001, 1.006], p = 0.020) (supplemental Fig. S2-2). Adjusting for background PM<sub>2.5</sub> did not change the associations for both fire counts and FRP.

#### 4.4.5. Sensitivity analyses

As shown in supplemental Fig. S2-3, we found that the same day and 48-h average exposure to wildfire smoke  $PM_{2.5}$  were positively associated with ED visits for anxiety disorders. The ORs for same-day and 48-h average smoke  $PM_{2.5}$  were 1.006 (95% CI = [1.001,1.012], p = 0.030) and 1.006 (95% CI = [1.000,1.012], p = 0.040), respectively. However, exposures with an extended temporal coverage showed no association with anxiety disorders. The different degrees of freedom for temperature and RH did not significantly alter the association between smoke  $PM_{2.5}$  and ED visits for anxiety disorders (supplemental Figsf. S2-4 and S2-5)

#### 4.5. Discussion

The present study investigated the association between wildfire-related exposures and ED visits for anxiety disorders in the Western US from 2007-2018. Our findings suggest that wildfire is associated with an increased risk of anxiety disorders through multiple pathways. First, we identified a positive link between wildfire smoke  $PM_{2.5}$  and ED visits for anxiety disorders. While previous epidemiological evidence is inconclusive on this specific association, the mental health impact of ambient  $PM_{2.5}$  has been widely documented. For example, Hao et al. found that per 10  $\mu$ g/m<sup>3</sup> increase in PM<sub>2.5</sub> was associated with an OR of 2.31 (95% CI = [2.15, 2.50]) for symptoms of nerves, anxiety, tension, or depression from UK Biobank data (Hao et al., 2022). Shi et al. further revealed that certain PM<sub>2.5</sub> constituents, including organic carbon (OC) and elemental carbon (EC), were associated with anxiety and depression symptoms (Shi et al., 2020). The impact of ambient PM<sub>2.5</sub> on the nervous system has also been supported by multiple toxicological studies (Chu et al., 2019; Ferreira et al., 2022). Wildfire smoke PM<sub>2.5</sub> may also trigger neuroinflammation and thus exhibit neurotoxicity through a similar mechanism, given that the effect of wildfire smoke PM<sub>2.5</sub> is not completely independent from ambient PM<sub>2.5</sub> in this study (Fig. 4-1).

In addition to the inhalation of smoke PM<sub>2.5</sub>, our findings also suggest that wildfire has a direct psychological impact that increases the risk of anxiety disorders. Specifically, we found that a major smoke event (in which smoke PM<sub>2.5</sub> contributed to  $\geq 75\%$  of the total PM<sub>2.5</sub>) was associated with a 6.3% increase in the risk of ED visits for anxiety disorders in the general population (OR = 1.063 [1.015, 1.113], p = 0.009). During such major smoke events, the average wildfire smoke PM<sub>2.5</sub> concentration was  $53.56 \pm 30.14 \,\mu$ g/m<sup>3</sup>. This concentration only corresponds to a cumulative OR of 1.030 [1.000, 1.061] if we assume a linear concentration-response relationship for smoke PM<sub>2.5</sub>. The discrepancy between these two ORs suggests that major smoke events may be associated with ED visits not solely through the neurotoxicity of PM<sub>2.5</sub>. Additionally, adjusting for background PM<sub>2.5</sub> slightly modified but did not change the significance of major smoke events, highlighting that the effect of major smoke events is partially independent of background PM<sub>2.5</sub>. Furthermore, we also identified that the number of active fire spots and FRP were associated with ED visits for anxiety disorders among the elderly, and these effects were completely independent of background PM<sub>2.5</sub>. Taken together, our

findings suggest that the direct psychological impact of wildfires also contributed to their association with anxiety disorders.

Our stratified analyses further suggest that females are more susceptible to wildfire-related exposures with regard to anxiety disorders. Specifically, significant associations between smoke PM<sub>2.5</sub> and anxiety disorders were only observed among female adults and all the elderly. Besides, a smoke event is positively associated with anxiety disorders in all females, while only major smoke events are linked to anxiety disorders among males. The sex disparity is possibly attributable to sex hormones, as previous literature reported that oestradiol and progesterone are associated with increased vulnerability to anxiety, trauma, and stress-related disorders in females (Andréen et al., 2009; Li & Graham, 2017). Such vulnerability not only results in an increased prevalence of anxiety disorders but also exacerbates the severity of anxiety symptoms and the overall burden of diseases in females (GBD Collaborators, 2022; Yang et al., 2021). The comprehensive impact of wildfires on females needs to be emphasized since they are also more susceptible to the respiratory outcomes associated with wildfires (Kondo et al., 2019),

The elderly population is also disproportionately affected by wildfires, especially in the Western US. A study by Masri et al. reported that regions in California that experience significant wildfire effects tend to have a higher concentration of elderly residents (Masri et al., 2021). Factors such as household wealth, insurance coverage, and health conditions may hinder the ability of older individuals to adapt and recover from the adverse effects of wildfires (Wibbenmeyer & Robertson, 2022). Our findings indicate that, compared to other age groups, the elderly are more vulnerable to the anxiety disorders associated with wildfire-related exposures. Living with anxiety is associated with higher outpatient and inpatient costs among the elderly population. It is estimated that the excess annual adjusted healthcare costs of anxiety and

comorbid of anxiety and depression reached \$80.0 and \$119.8 million per 1 million elderly population in Canada (Vasiliadis et al., 2013). The total burden of disease attributable to wildfires is expected to grow among the elderly population, given the population aging and the continuous exacerbation of climate change in the US.

Our study has several advantages. First, our study comprises 1,897,865 ED visits from five Western US states from 2007-2018. To our best knowledge, this is currently the largest and the most comprehensive research on the association between wildfire-related exposures and anxiety disorders, while previous studies typically focused on a small region with several hundred subjects. Second, we used high-performance satellite-driven exposure datasets to quantify wildfire-related exposures. With this advance, we were able to identify multiple pathways through which wildfires are associated with an increased risk of anxiety disorders.

The present study also has some limitations. To begin with, all the ED visits data were at the zip code level. That might increase the risk of exposure misclassification due to the inability to ascertain precise residential addresses for all participants. Additionally, using active fire points within a certain zip code does not fully represent the visible fire points that might have psychological impacts on an individual since some fire points that fell out of this zip code may actually be closer to this individual's living address. Moreover, our study used ED visits for anxiety disorders as the outcome of interest. Nevertheless, only a small portion of patients with anxiety symptoms will visit the emergency department. Under such a circumstance, we were not able to identify the association between wildfire-related exposures and milder anxiety symptoms. This may ultimately result in an underestimation of the mental health impact associated with wildfires.

#### 4.6. Conclusions

In this study, we used satellite-driven exposure datasets to examine the association between wildfire-related exposures and ED visits for anxiety disorders in the Western US from 2007-2018. Our results suggest that wildfires are associated with an increased risk of anxiety disorders through two different pathways, including the inhalation of smoke PM<sub>2.5</sub> and the direct psychological impact of smoke events and active fire points. The age- and sex-stratified analysis further revealed that females and the elderly population are more susceptible to anxiety disorders associated with wildfire-related exposures. Our findings highlight the need to protect vulnerable populations from the continuous exacerbation of global climate change.

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	Arizona	California	Nevada	Oregon	Utah	Overall
N	184,772	1,513,553	63,643	67,953	67,944	1,897,865
SEX						
Males	75,710	594,981	25,697	27,372	25,972	749,732
	(41.0%)	(39.3%)	(40.4%)	(40.3%)	(38.2%)	(39.5%)
Females	109,062	918,572	37,946	40,581	41,972	1,148,133
	(59.0%)	(60.7%)	(59.6%)	(59.7%)	(61.8%)	(60.5%)
Age groups						
5-17	14,797	120,235	4,718	6,232	6,423	152,405
	(8.0%)	(7.9%)	(7.4%)	(9.2%)	(9.5%)	(8.0%)
18-64	152,477	1,258,049	53,879	54,913	56,654	1,575,972
	(82.5%)	(83.1%)	(84.7%)	(80.8%)	(83.4%)	(83.0%)
65+	17,498	135,269	5,046	6,808	4,867	169,488
	(9.5%)	(8.9%)	(7.9%)	(10.0%)	(7.2%)	(8.9%)
Ethnicity						
Non-	132,933	893,532	51,800	60,348	43,253	1,181,866
Hispanic	(71.9%)	(59.0%)	(81.4%)	(88.8%)	(63.7%)	(62.3%)
Hispanic	50,398	580,410	10,744	6,371	8,264	656,187
	(27.3%)	(38.3%)	(16.9%)	(9.4%)	(12.2%)	(34.6%)
Missing	1,441	39,611	1,099	1,234	16,427	59,812
	(0.8%)	(2.6%)	(1.7%)	(1.8%)	(24.2%)	(3.2%)
Race						
White	114,490	959,218	38,497	56,605	59,474	1,228,284
	(62.0%)	(63.4%)	(60.5%)	(83.3%)	(87.5%)	(64.7%)
Black	10,623	132,832	7,905	2,089	1,044	154,493
	(5.7%)	(8.8%)	(12.4%)	(3.1%)	(1.5%)	(8.1%)
Asian	2,110	70,372	1,823	1,004	1,003	76,312
	(1.1%)	(4.6%)	(2.9%)	(1.5%)	(1.5%)	(4.0%)
Others	57,549	351,131	15,418	8,255	6,423	438,776
	(31.1%)	(23.2%)	(24.2%)	(12.1%)	(9.5%)	(23.1%)

## Table 4-1. Study population

	Control days (N = 6,452,523)	Case days (N = 1,897,865)	Overall (N = 8,350,546)
Smoke PM <sub>2.5</sub>	-		
Mean (SD)	0.930 (3.17)	0.935 (3.20)	0.931 (3.18)
Background PM <sub>2.5</sub>			
Mean (SD)	9.90 (4.42)	9.91 (4.41)	9.91 (4.42)
Smoke events	486,186	142,436	629,622
Major smoke events	9,122	2,809	11,931
	<b>Control days</b> (N = 14,574)	Case days (N = 4,264)	<b>Overall</b> (N = 18,838)
Active fire points <sup>#</sup>			
Mean (SD)	2.92 (7.48)	3.16 (8.34)	2.97 (7.68)
Cumulative FRP <sup>#</sup>			
Mean (SD)	211 (814)	415 (821)	362 (816)

### Table 4-2. Wildfire-related exposures

\*: We only included days with active fire points for these statistics. Nevada was excluded from the analyses for fire points due to insufficient zip code information.

Table 4-3. The associations between wildfire-related exposures and ED visits for anxiety disorders

Exposures	Model 1		Model 2		
	OR (95% CI)	<b>P-value</b>	OR (95% CI)	<b>P-value</b>	
Smoke PM <sub>2.5</sub> <sup>1</sup>	1.006 (1.000,1.012)	0.029*	1.003 (0.998,1.010)	0.169	
Smoke events	1.005 (0.998,1.013)	0.183	1.005 (0.997,1.012)	0.230	
Major smoke events	1.063 (1.015,1.113)	0.009*	1.056 (1.009,1.106)	0.019*	
Fire points	1.002 (0.999,1.005)	0.066	1.002 (0.999,1.005)	0.068	
Cumulative FRP <sup>2</sup>	1.000 (0.999,1.001)	0.200	1.000 (0.999,1.001)	0.205	

\*: p < 0.05. Model 1 only included wildfire-related exposures and the covariates, while Model 2 also adjusted for background PM<sub>2.5</sub>. 1: The OR was for a 10  $\mu$ g/m<sup>3</sup> increase in 48-h smoke PM<sub>2.5</sub>. 2: The OR was for an IQR (67.75 W) increase in the cumulative FRP.



Fig. 4-1. The age- and sex-stratified analysis for 48-h smoke PM<sub>2.5</sub>. Model 1 only included 48-h smoke PM<sub>2.5</sub> and the covariates. Model 2 also adjusted for background PM<sub>2.5</sub>. The ORs are for a  $10 \,\mu g/m^3$  increase in smoke PM<sub>2.5</sub>.



**Fig. 4-2. The age- and sex-stratified analysis for smoke events.** Model 1 only included smoke events and other covariates. Model 2 also adjusted for background PM<sub>2.5</sub>.



**Fig. 4-3. The age- and sex-stratified analysis for major smoke events.** Model 1 only included major smoke events and other covariates. Model 2 also adjusted for background PM<sub>2.5</sub>.



Fig. 4-4. The age- and sex-stratified analysis for active fire points. Model 1 only included the total number of active fire points in the past 48h and other covariates. Model 2 also adjusted for background  $PM_{2.5}$ .

#### 5. Conclusions

Aim 1 of this dissertation used satellite remote sensing to establish a high-performance model for ground-level O<sub>3</sub> pollution from 2005-2018 in China. Our model considered two potential pathways through which surface-level O<sub>3</sub> pollution can be produced. Compared to existing models, our model improved the spatial resolution to 0.05° and agreed well with the CNEMC monitoring data and the TOAR historical O<sub>3</sub> concentrations. With this advance, we were able to identify the seasonal and spatial variation of O<sub>3</sub> pollution in China, especially in the major city clusters like the NCP, the YRD, and the PRD. Our model would greatly benefit future epidemiological studies that aim to investigate the health impact of O<sub>3</sub>, especially the historical O<sub>3</sub> pollution is controlled by the concentrations of both NOx and VOCs. Under such a circumstance, only controlling for NOx is insufficient to mitigate O<sub>3</sub> pollution in China. The next round of the APPCAP in China should prioritize VOCs control as well.

Combining the O<sub>3</sub> model with other satellite-driven exposure datasets. The aim 2 of this dissertation investigated the impact of ambient air pollution on the cognitive health among the Chinese elderly population using the CLHLS. The CLHLS comprises six rounds of survey that took place in 1998, 2000, 2002, 2005, 2008, 2014, and 2018, respectively. With the advance of the satellite-driven exposure model, we were able to use all the CLHLS data after 2005 to study the long-term impact of air pollution. Our results highlighted that annual mean PM<sub>2.5</sub> and NO<sub>2</sub> concentrations were both positively associated with cognitive impairment in the single pollutant model. While the annual mean MDA8 O<sub>3</sub> did not exhibit a positive correlation with cognitive impairment, our findings indicate that the average MDA8 O<sub>3</sub> during the warm season (defined as April to September) significantly contributes to the risk of this adverse outcome, suggesting that

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warm-season  $O_3$  is potentially a better exposure metric. Furthermore, the role of  $NO_2$  need to be emphasized since it was the only air pollutant that remained positively associated with cognitive impairment in the multi-pollutant model.

In addition to anthropogenic air pollution, aim 3 of this dissertation investigated the mental health impact of air pollution and other related exposures caused by wildfires. Our study was the largest and most comprehensive investigation on the association between wildfire-related exposures and anxiety disorders. The findings of this study suggest that wildfires are associated with an increased risk of ED visits for anxiety disorders through two potential pathways, i.e., the inhalation of wildfire smoke PM<sub>2.5</sub> and the direct psychological impacts of wildfire smoke events and active fire points. Furthermore, we found that women and the elderly population are more susceptible to the anxiety disorders associated with wildfire-related exposures. Our study was the first to quantify the magnitude of the association between wildfire-related exposures and ED visits for anxiety disorders. Given the continuous exacerbation of global climate change, the mental health consequences associated with wildfires warrant further investigation.

# 6. Appendix A. Supplemental materials for manuscript 1

Abbreviation	name	Source
DISPH	Zero plane displacement height	MERRA-2
PBLH	Planetary boundary layer height	MERRA-2
ALBEDO	Surface albedo	MERRA-2
EFLUX	Total latent energy flux	MERRA-2
T10M	10 meter air temperature	MERRA-2
USTAR	Surface velocity scale	MERRA-2
PRECTOT	Total precipitation	MERRA-2
SWGDN	Surface incoming shortwave flux	MERRA-2
RH	Relative humidity	MERRA-2
U	Eastward wind	MERRA-2
V	Northward wind	MERRA-2
PS	Surface pressure	MERRA-2
QV	Specific humidity	MERRA-2
T	Air temperature	MERRA-2
OMEGA	Vertical pressure velocity	MERRA-2
TROPPT	Tropopause pressure based on thermal estimate	MERRA-2
RH_C	Relative humidity	MERRA-2
U_C	Eastward wind	MERRA-2
V_C	Northward wind	MERRA-2
OMEGA_C	Vertical pressure velocity	MERRA-2
PS_C	Surface pressure	MERRA-2
QV_C	Specific humidity	MERRA-2
T_C	Air temperature	MERRA-2
PV_C	Ertels potential vorticity	MERRA-2
Boundary-layer		
O3	Gap-filled boundary-layer column ozone	OMPROFOZ
		ASTER
Elevation	Elevation	GDEM
LANDUSE_10	Cropland, rainfed	ESA CCI
LANDUSE_11	Herbaceous cover	ESA CCI
LANDUSE_12	Tree or shrub cover	ESA CCI
LANDUSE_20	Cropland, irrigated or post flooding	ESA CCI
LANDUSE_30	Mosaic cropland (>50%) / natural vegetation (tree, shrub, herbaceous cover) (<50%)	ESA CCI
LANDUSE_50	Mosaic natural vegetation (tree, shrub, herbaceous	ESACCI
LANDUSE_40	cover) (>50%) / cropland (<50%)	ESA CCI
	Tree cover, broadleaved, evergreen, closed to open	2511001
LANDUSE_50	(>15%)	ESA CCI
	Tree cover, broadleaved, deciduous, closed to open	
LANDUSE_60	(>15%)	ESA CCI
LANDUSE_61	Tree cover, broadleaved, deciduous, closed (>40%)	ESA CCI
LANDUSE_62	Tree cover, broadleaved, deciduous, open (15• ]40%)	ESA CCI

Table S1-1. List of the input variables

	Tree cover, needleleaved, evergreen, closed to open	
LANDUSE_70	(>15%)	ESA CCI
LANDUSE_71	Tree cover, needleleaved, evergreen, closed (>40%)	ESA CCI
LANDUSE_72	Tree cover, needleleaved, evergreen, open (15• ]40%)	ESA CCI
I ANDUCE 90	Tree cover, needleleaved, deciduous, closed to open $(> 15\%)$	ESA CCI
LANDUSE_80	(>15%) Tree cover peoplelesyed decideous closed (>40%)	
LANDUSE_81	Tree cover, needleleaved, deciduous, closed (>40%) Tree cover, mixed leaf type (broadleaved and	ESA CCI
LANDUSE_90	needleleaved)	ESA CCI
	Mosaic tree and shrub (>50%) / herbaceous cover	
LANDUSE_100	(<50%)	ESA CCI
LANDING 110	Mosaic herbaceous cover (>50%) / tree and shrub	
LANDUSE_110	(<50%)	ESA CCI
LANDUSE_120	Shrubland	ESA CCI
LANDUSE_121	Evergreen shrubland	ESA CCI
LANDUSE_122	Deciduous shrubland	ESA CCI
LANDUSE_130	Grassland	ESA CCI
LANDUSE_140	Lichens and mosses	ESA CCI
	Sparse vegetation (tree, shrub, herbaceous cover)	
LANDUSE_150	(<15%)	ESA CCI
LANDUSE_152	Sparse shrub (<15%)	ESA CCI
LANDUSE_153	Sparse herbaceous cover (<15%)	ESA CCI
LANDUSE_160	Tree cover, flooded, fresh or brakish water	ESA CCI
LANDUSE_170	Tree cover, flooded, saline water	ESA CCI
	Shrub or herbaceous cover, flooded,	
LANDUSE_180	fresh/saline/brakish water	ESA CCI
LANDUSE_190	Urban areas	ESA CCI
LANDUSE_200	Bare areas	ESA CCI
LANDUSE_201	Consolidated bare areas	ESA CCI
LANDUSE_202	Unconsolidated bare areas	ESA CCI
LANDUSE_210	Water bodies	ESA CCI
LANDUSE_220	Permanent snow and ice	ESA CCI
ROAD_LENGTH	Total road length	gROADs
NO2	OMI tropospheric column Nitrogen dioxide	OMI
Population	Population	Landscan
FLASH	Lightning activity	GEOS-Chem
FRP*	Fire radiative power	MODIS
A priori L22_24 *	Gap-filled a priori L22-L24 partial column ozone	OMPROFOZ
A priori L24 *	Gap-filled a priori L24 partial column ozone	OMPROFOZ
OMI L22_L24*	Gap-filled retrieved L22-L24 partial column ozone	OMPROFOZ
	ed in the original model but used for parameter comparison.	

\* Variables not included in the original model but used for parameter comparison.



**Fig.S1-1. Study workflow** Abbreviations: SAO, Smithsonian Astrophysical Observatory; OMI, Ozone Monitoring Instrument; MERRA-2, the Modern-Era Retrospective analysis for Research and Applications, Version 2.



**Fig. S1-2. Distribution of the Tropospheric Ozone Assessment Report (TOAR) monitoring stations.** Red circle dots with black outlines represent the location of TOAR monitoring stations. Abbreviations: WLG, Mt. Waliguan; SDZ, Shandianzi; LAN, Lin'an; LFS, Longfengshan; XGLL, Xianggelila; AKDL, Akedala; GCH, Gucheng, CMA. China Meteorological Administration; TOAR: Tropospheric Ozone Assessment Report.



Fig. S1-3. Comparison of model performance on the training dataset (2014-2019) with different OMI-derived partial column ozone (original model). Left column: random CV; middle column: spatial CV; right column: temporal CV. Top row: model with a priori ozone profile L22-L24; second row (from top to bottom): model with a priori ozone profile L24; third row: model with L22-L24 retrievals; bottom row: the original model with retrieved ozone profile L24. The functions on the bottom-right corners are the regression functions between the predicted and observed monthly mean MDA8 ozone concentrations. Red dashed lines: the regression line between the predictions and observations; black solid lines: the x = y line; The color scale represents the density of the points. Abbreviations: MDA8, daily maximum 8-hour average; OMI, Ozone Monitoring Instrument.



**Fig. S1-4.** An example of the spatial artifacts in the predicted monthly mean MDA8 ozone concentrations in the YRD (April 2019). Panel A was generated from the model with a priori ozone profile L22-L24; panel B was generated from the original model with OMI L24 retrieval. The green box represents YRD, and the yellow dashed line encircles an example of the spatial artifacts (the hard horizontal gap in predicted ozone concentrations). Abbreviations: MDA8, daily maximum 8-hour average; OMI, Ozone Monitoring Instrument; YRD, Yangtze River Delta.



**Fig.S1-5.** Season-specific cross-validation results for the original model with OMI L24 retrieval. Left column: random CV; middle column: spatial CV; right column: temporal CV. Top row: spring (March-April-May); second row (from top to bottom): summer (June-July-August); third row: autumn (September, October, November); bottom row: winter (December-January-February). The functions on the bottom-right corners are the regression functions between the predicted and observed MDA8 ozone concentrations. Red dashed lines: the regression line between the predictions and observations; black solid lines: the x = y line; The color scale represents the density of the points. Abbreviations: MDA8, daily maximum 8-hour average; OMI, Ozone Monitoring Instrument.



**Fig.S1-6.** Comparison of model performance in rural/urban areas using OMI L24 retrieval. Left column: random CV; middle column: spatial CV; right column: temporal CV. Upper row: model performance at rural CNEMC sites; Lower row: model performance in urban CNEMC sites. The functions on the bottom-right corners are the regression functions between the predicted and observed MDA8 ozone concentrations. Red dashed lines: the regression line between the predictions and observations; black solid lines: the x = y line; The color scale represents the density of the points. Abbreviations: CNEMC, China National Environmental Monitoring Centre; MDA8, daily maximum 8-hour average; OMI, Ozone Monitoring Instrument.



**Fig.S1-7. Trend comparison between model predictions and the TOAR historical monitoring data** (original model using OMI L24 retrieval). Each row represents a TOAR monitoring site. Blue lines: the observed monthly mean MDA8 ozone concentrations. Orange lines: the model predicted monthly MDA8 ozone concentrations: MDA8, daily maximum 8-hour average; OMI, Ozone Monitoring Instrument. TOAR, Tropospheric Ozone Assessment Report.



**Fig.S1-8. Trend comparison between model predictions and the TOAR historical monitoring data** (model trained with OMI L24 retrieval + MODIS FRP). Each row represents a TOAR monitoring site. Blue lines: the observed monthly mean MDA8 ozone concentrations. Orange lines: the model predicted monthly MDA8 ozone concentrations. Abbreviations: FRP, fire radiative power; MDA8, daily maximum 8-hour average; MODIS, Moderate Resolution Imaging Spectrometer; OMI, Ozone Monitoring Instrument. TOAR, Tropospheric Ozone Assessment Report.



Fig.S1-9. Raw correlation between OMPROFOZ L24 partial column ozone and ground-level monitoring data. The function on the upper-right corner is the regression function between the OMPROFOZ L24 partial column ozone and the CNEMC surface MDA8 ozone concentrations. Red dashed line: the regression line as the regression function represents; black solid line: the x = y line; The color scale represents the density of the points. Abbreviations: CNEMC, China National Environmental Monitoring Centre; MDA8, daily maximum 8-hour average;



**Fig.S1-10. model performance without the OMI L24 retrieval.** Left panel: random CV; middle panel: spatial CV; right panel: temporal CV. The functions on the bottom-right corners are the regression functions between the predicted and observed monthly mean MDA8 ozone concentrations. Red dashed lines: the regression line between the predictions and observations; black solid lines: the x = y line; The color scale represents the density of the points. Abbreviations: CV, cross-validation; MDA8, daily maximum 8-hour average;



**Fig.S1-11. Trend comparison between model predictions and the TOAR historical monitoring data** (**OMI-excluded model**). Each row represents a TOAR monitoring site. Blue lines: the observed monthly mean MDA8 ozone concentrations. Orange lines: the model predicted monthly MDA8 ozone concentrations: MDA8, daily maximum 8-hour average; OMI, Ozone Monitoring Instrument. TOAR, Tropospheric Ozone Assessment Report.



**Fig. S1-12. The importance ranking of the input predictors.** Orange bars in the left panel: the spring-excluded (all months except for March-April-May) model; blue bars in the right panel: the spring (March-April-May) model. The red downward arrows denoted that the relative ranking of the variable dropped in the spring model compared to other seasons; the blue upward arrows denoted that the relative ranking of a variable increased in spring. Variables' importance was generated with a permutation method.



**Fig.S1-13.** The OMI tropospheric column NO<sub>2</sub> concentrations in the Yangtze River Delta region (August 2019, the marked regions were consistent to Fig. 5) The boxes represent some YRD cities and their surrounding area; A: Bengbu and Huainan City; B: Nanjing Metropolitan Area; C: Anqing and Jinhua City; D: Quzhou City. Abbreviations: MDA8, daily maximum 8-hour average.





River Delta; YRD: the Yangtze River Delta.







Fig. S1-16 Locations of the Shandong Peninsula and Central East China. The solid line encircles the Shandong Peninsula, while the dashed line encircles the Central East China area.



Fig. S1-17. The comparison of the summertime (June-July-August) mean MDA8 ozone concentrations between our model predictions and the CNEMC monitoring data over 2014-2019 for selected regions. Upper panel: Central-East China; Lower panel: the Shandong Peninsula. The blue columns on the left represent the CNEMC observations; the orange column on the right represents our model predictions. The height of the columns and the error bars represent the mean MDA8 ozone concentrations and the standard error. Abbreviations: CNEMC, China National Environmental Monitoring Centre; MDA8, daily maximum 8-hour average; NCP: the North China Plain; PRD: the Pearl River Delta; YRD: the Yangtze River Delta.

### All Males Females 1.04 1.02 **OR (95% CI)** Model 1 Model 2 0.96 Hispanic spanic White Asian white White Asian others Black Black \* Hack Pajar Other Play of the baur Hebaur others and the same Age groups

### 7. Appendix B. Supplemental materials for manuscript 3

Fig. S2-1. The race- and ethnicity-stratified analysis for 48-h smoke PM<sub>2.5</sub>. Model 1 only included 48-h smoke PM<sub>2.5</sub> and the covariates. Model 2 also adjusted for background PM<sub>2.5</sub>. The ORs are for a 10  $\mu$ g/m<sup>3</sup> increase in smoke PM<sub>2.5</sub>.



Fig. S2-2. The age- and sex-stratified analysis for cumulative FRP. Model 1 only included FRP and the covariates. Model 2 also adjusted for background  $PM_{2.5}$ . The ORs are for a 67.75 W increase in the cumulative FRP.



Fig. S2-3. The sensitivity analyses for different exposure time windows. Model 1 only included 48-h smoke  $PM_{2.5}$  and the covariates. Model 2 also adjusted for background  $PM_{2.5}$ . The ORs are for a 10  $\mu$ g/m<sup>3</sup> increase in smoke  $PM_{2.5}$ .



Fig. S2-4. The sensitivity analyses for different degrees of freedom of temperature. Model 1 only included 48-h smoke  $PM_{2.5}$  and the covariates. Model 2 also adjusted for background  $PM_{2.5}$ . The ORs are for a 10  $\mu$ g/m<sup>3</sup> increase in smoke  $PM_{2.5}$ .



Fig. S2-5. The sensitivity analyses for different degrees of freedom of RH. Model 1 only included 48h smoke  $PM_{2.5}$  and the covariates. Model 2 also adjusted for background  $PM_{2.5}$ . The ORs are for a 10  $\mu$ g/m<sup>3</sup> increase in smoke  $PM_{2.5}$ .