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# Effect of Enabling Resources and Risk Factors on the Relationship between Intimate Partner Violence and Anxiety in Ever-Married Women in Minya, Egypt

By

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## Effect of Enabling Resources and Risk Factors on the Relationship between Intimate Partner Violence and Anxiety in Ever-Married Women in Minya, Egypt

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B.S., Biology University of Mary Washington 2011

Thesis Committee Chair: Bradley Pearce, BS, PhD Thesis Committee Chair: Kathryn Yount, MSH, PhD

An abstract of
A thesis submitted to the Faculty of the
Rollins School of Public Health of Emory University
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#### **Abstract**

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**Background:** Gender inequalities in health exist globally and particularly in the Arab world where the patriarchal structures in place affect gender roles and power. While physical health manifestations may be easier to detect and are perceived to be important in the community, mental health manifestations often receive little attention. The effect of intimate partner violence (IPV) on mental health remains largely understudied in the Arab world. In this study, we conceptualized a model depicting the enabling resources and risk factors that may mitigate or moderate the effect of IPV on generalized anxiety in ever-married women in Minya, Egypt. We hypothesized that human, social and economic enabling resources would mitigate the effect of IPV on anxiety, whereas risk factors such as childhood exposure to trauma would exacerbate the effect.

**Methods:** Using data from 608 women who took part in the 2005 Egyptian Demographic Health Survey (EDHS) and a 2012 follow-up survey in rural Minya, linear reduced-form (without moderators) and multiple full-form mediation regression models were created to assess the influence of these moderators on generalized anxiety in 2012, associated with IPV.

**Results:** Proximity to natal kin, prior schooling, and engagement in market work 12 months prior to marriage all had a protective effect on generalized anxiety associated with IPV. Childhood abuse from mother also had a protective effect on this relationship. Childhood abuse from brother, a patriarchal model in the family, appeared to be protective against anxiety when no IPV was present but had an exacerbating effect in the presence of exposure to IPV.

Conclusion: Overall, women's access to education, work before marriage, and continued social support from her natal kin are imperative for their mental health, particularly lower generalized anxiety. Empowerment programs can encourage women to attend school and engage in market or subsistence work, while also suggesting strategies to improve relationship of women with natal kin.

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### **Table of Contents**

Acknowledgments:	6
INTRODUCTION	
METHODS	
RESULTS	
DISCUSSION	
APPENDICES	
REFERENCES	22

#### INTRODUCTION

Intimate partner violence (IPV) is defined as "behavior by an intimate partner, or ex-partner that causes physical, sexual or psychological harm, including physical aggression, sexual coercion, psychological abuse and controlling behaviors" [1]. A comprehensive worldwide survey on women's experience of IPV revealed that the prevalence of IPV in the North Africa/Middle Eastern region ranges from approximately 30 - 40% [2], with a reported prevalence ranging from 20-60% in Egypt [3].

World Health Organization defines mental health as 'a state of complete physical, mental and social well-being, and not merely the absence of disease' [4]. An Egypt national household survey assessing prevalence of mental disorders revealed that 16.93% of the adult population interviewed, was affected by mental disorders. Particularly, 4.75% of them experienced anxiety disorders [5]. Furthermore, the rates of these mental disorders were higher in women who were divorced, with low education and low level of participation in market work [5].

In Tunisia and Spain, physical and sexual violence have been associated with higher levels of depression, anxiety, phobias, PTSD, suicide and drug abuse among women [6-8]. Intimate partner violence, and its effect on mental health, remains understudied in the Arab world. In the few studies conducted, a positive association exists between IPV and high levels of depression and anxiety among Egyptian women [6, 9]. Considering the prevalence of IPV in the Arab world and its effects on mental health, it is of even more importance to explore the factors that protect or buffer against the adverse mental-health effects of IPV.

Research in the Western world suggests that social support can have a protective effect on the relationship between IPV and anxiety or depression [10, 11]. While some studies indicate that natal family support was associated with a lower likelihood of IPV reporting [12, 13], conflicting findings also exist which indicate that family support may be positively associated with IPV [14, 15]. In multiple population-based multi-country studies, education was also a protective factor against IPV [15, 16]. An Egypt national survey indicated that having secondary education or higher, respectively, was protective against anxiety (OR=0.74 and 0.59, respectively) [5]. Another study conducted in 2,400 married women in Iran found a significant positive association between IPV and low education [17]. Yet another study suggests that promotion of education can serve as a strategy for IPV prevention [18]. Various studies also suggest that a women's unemployment put her at greater risk to experience of intimate partner violence [15-18].

Based on studies conducted in Egypt, investments in women's social and economic capital may help mitigate risks for IPV [16, 19, 20]. In fact, Egyptian women who married later and maintained ties with natal kin had lower odds of experiencing physical IPV [19]. These are indicative of human, economic, and social resources having a protective effect for IPV, but little evidence in Egypt exists about whether these protective factors also mitigate IPV's effect on anxiety.

Similarly, certain risk factors may increase the risk of mental illness among those with IPV exposure. A cross-sectional study conducted amongst couples in California concluded that adverse childhood experiences mediates the association between IPV and psychosocial factors such as anxiety, depression and impulsivity [21].

Prior research findings reveal that women in Egypt who experience corporal punishment or maltreatment by a parent have greater odds of experiencing physical IPV [15, 19]. However, little to no research addresses how these risk factors moderate the effect of IPV on anxiety.

Overall, this study will examine which enabling resources for these married women may modify or mitigate the effect of IPV on their generalized anxiety. It is hypothesized that enabling resources such as human, economic and social resources may mitigate the effect of IPV on anxiety, thus being protective. Additionally, the study will also examine whether risk factors such as maltreatment by a parent or sibling may amplify anxiety, as related to IPV exposure. Covariates in this study include age, woman's religion and total number of living children. It is hypothesized that older women may have a longer period during which exposure to IPV could occur, but they may also have gained status within the family, which could decrease chronicity of IPV and possibly counteract anxiety. In an Egyptian context, motherhood enhances a woman's social identity but it also exacerbates her dependency on her marriage to maintain custody of her children [13, 22, 23]. Thus, women with children are more likely to experience and to tolerate IPV and are less likely to seek divorce [13]. An Egyptian national survey measuring prevalence of mental health disorders revealed that having more children was protective against anxiety (OR = 0.73 if women had more than 3 children) [5]. Based on this literature, the number of living children is hypothesized to be positively correlated with IPV and negatively correlated with anxiety scores.

#### **METHODS**

Study Sample:

The study sample included 608 ever-married women, 22 – 65 years old, from rural Minya, Egypt who were first interviewed as part of the 2005 Egypt Demographic and Health Survey

(EDHS) and were re-interviewed in 2012. The method, sampling strategy and ethical considerations have been described elsewhere [9]. The follow-up response rate was 72%.

#### Data Collected

The variables in this study were gathered from both the 2005 EDHS and the follow-up 2012 survey [24]. The 2005 EDHS household questionnaire gathered data on respondents' demographics and household economic status indicators. Respondents receiving the woman questionnaire were asked questions about education, marital history, work status, fertility history and husband's characteristics. The follow-up survey in 2012 had similar components as the one from 2005 but the 2012 survey's woman questionnaire had focus on both the women's economic and non-economic activities (including but not limited to market work, family care, household chores), IPV and mental health (Table IV, Appendix).

#### Variables:

Intimate Partner Violence (IPV): In this study, a woman's experience of any lifetime psychological, physical, or sexual IPV was the main exposure variable, measured through the IPV module (Table V, Appendix) of the 2012 woman questionnaire. The instrument used to measure IPV was adapted from the 2005 EDHS, which itself was based on Revised Conflict Tactics Scales [25], and measured woman's exposure (before and after her 2005 interview and in the prior year) to psychological IPV (3 items), physical IPV (7 items) and sexual IPV (2 items) by her current or former husband.

<u>Generalized anxiety</u>: Symptoms of generalized anxiety disorder were measured through the 20item Kuwait University Anxiety Scale (KUAS) in the mental health module of the 2012 Woman questionnaire [26]. Developed by Arab psychologists in Arabic and validated in 10 Middle Eastern populations [26], the KUAS questionnaire consists of statements describing feelings that women are asked to associate themselves with, on a scale of 1 – 4 (1=Rarely, 2=Sometimes, 3=Often, 4=Always). All the item scores in KUAS are summed to produce a summative score, which is the outcome of this study. Lower scores indicated less anxiety, and higher scores indicated more anxiety.

#### Enabling Resources:

#### Social Resource: Proximity to Natal Kin

Proximity to natal kin, a moderator, served as an indicator for social support in this study. It was measured in terms of physical distance and frequency of meeting. Proximity to family of birth was particularly important for women in Minya because divorce is not a viable option, and thus, the natal home serves as a predominant avenue for recourse after an episode of IPV [27]. Recent studies have found a significant positive association of IPV with the score for generalized anxiety and a significant negative association of residential proximity to family of birth with this same score, among married women in rural Minya, Egypt [9, 24]. Thus, it is hypothesized that proximity of residency to natal kin may modify, or mitigate, the significant association of IPV with women's symptoms of generalized anxiety.

#### Human resource: Schooling

Schooling, a human resource, was measured in two ways -- whether the woman ever attended school and the highest level of school attended. A recent study conducted on the same set of married women, as in this study, in rural Minya, Egypt showed that schooling was associated with lower anxiety [9]. Thus, it is hypothesized that schooling will mitigate the effect of IPV on generalized anxiety.

#### Economic resource: Women's market work

Women's engagement in market or any subsistence work, skilled work outside home for cash or kind, 12 months before marriage was used as an indicator for economic resources. Women's market work before marriage is important because it occurs well in advance of the occurrence of IPV. A recent study conducted on the same set of married women as in this study, in rural Minya, Egypt showed that a woman's premarital work was associated with lower anxiety [9]. Likewise, it is hypothesized that a woman's market work before marriage will mitigate the effect of IPV on generalized anxiety.

#### Risk factor: Early childhood exposure to trauma

Early childhood exposure to trauma, both parental and personal, will be examined in this study: whether the woman respondent witnessed her father ever beating her mother, and whether she personally experienced any type of violence before the age of 16 from natal family, in-laws, friends or any other source. There is a strong association between a woman witnessing her father beat her mother, as a child, and any lifetime physical IPV, but only in a few communities [15, 19]. It is hypothesized that early childhood exposure to trauma will strengthen the effect of IPV on generalized anxiety.

<u>Demographic controls</u> included the woman's age in years, whether (=1) or not (=0) the woman identified herself as Muslim, and the total number of living children that she has.

#### Conceptual model building

The conceptual model (Figure 1) underlying this study is based on prior research on the relationships between IPV and mental health [9]. The framework indicates that (1) mental

health is negatively affected by lifetime exposure to any IPV; (2) the adverse effect of IPV is mitigated by enabling resources and exacerbated by other risk factors; and (3) individual characteristics (age, religion, and number of living children) can both affect the IPV and the outcome.

#### Statistical Analysis

Using SAS 9.3, univariate descriptive analyses were initially performed to assess the completeness and distributions of all variables. Simple linear regressions of women's anxiety scores with each exposure variable, moderator and control, were estimated. Multiple linear regression models were estimated to assess the adjusted associations and pathways of interest. All four models estimates included the covariates to control for confounding. The reduced model included only the exposure IPV variable along with these covariates. Model 2 included the exposure variable and premarital enabling human, economic and social resources as moderators. Model 3 included the exposure variable and the risk factors as moderators. Model 4 included the exposure variable and only the significant moderators and significant interaction term. These models permitted testing whether any associations of IPV with women's generalized anxiety score were moderated by enabling resources or risk factors.

Model diagnostics were performed to assess model fit. All models were checked for multicollinearity and high Cook's D, leverage, and jackknife residual values. The variable generally indicative of whether the woman experienced maltreatment as a child was dropped due to its collinearity with other variables identifying sources of the child maltreatment. Outliers were identified based on high leverage and jackknife residuals but they were retained in the models because the values were plausible. All the analyses conducted used sampling weights and adjusted standard errors to account for the complex survey design used [28].

#### **RESULTS**

Sample characteristics

The mean composite score for generalized anxiety was 41.5, with scores ranging from 20 to 66 (Table I). Majority of the women sampled (66.1%) reported lifetime exposure to physical, sexual or psychological IPV. The majority of the women reported (83.4%) living close enough to her birth family to visit in a day. More than half of the women interviewed (64.6%), reported not ever attending school. A smaller proportion (17.8%) reported attending secondary or higher level of education. A majority of women (73.2%) also reported engaging in market or subsistence work 12 months before marriage.

Exposure to maltreatment as a child was reported by 35.4% of the respondents. Almost all of these women (35.2%) reported being hurt physically, before turning sixteen. The majority of these (19.6%) reported their mothers as the source of this trauma, while 4.3% reported father, 7.7% reported brother and 3.6% reported any other source including father in law, mother in law, aunt or uncle. Of all the women interviewed, 13.7% reported witnessing their father beating their mother. On average, women were 38 years old, mostly Muslim (85%) and on average, reported having 4 living children. The range of living children reported was from 0-13. Data also revealed a positive correlation ( $\beta = 2.45$ , p < 0.001) between a woman's age and the number of living children she has.

Unadjusted associations with measures of generalized anxiety

As expected, several enabling resources had significant unadjusted associations with generalized anxiety scores (Table II). The social resource of living with birth family or close

enough to visit them in a day was associated with lower scores of generalized anxiety ( $\beta$ = -4.63, p < 0.001). Both human and economic resources of ever having attended school and engagement in market work before marriage, respectively, were also associated with lower scores of generalized anxiety ( $\beta$  = -2.05, p ≤ 0.05;  $\beta$  = -2.84, p ≤ 0.001). Child maltreatment when perpetrated by the mother ( $\beta$  = -3.57, p ≤ 0.001) had a protective effect on generalized anxiety. Other sources of childhood trauma and witnessing father hit mother as a child, did not have significant associations with generalized anxiety.

Table I. Descriptive statistics, 608~ ever-married women							
	Frequency (%)	Mean (SE)	Median (Range)				
Exposure							
Any lifetime exposure to IPV (ref: no) <sup>a</sup>	402 (66.1)						
Missing	3 (0.5)						
Outcome	` '						
Score for symptoms of generalized anxiety (20 - 66)		41.53 (0.59)	40.47 (20 - 66)				
Moderators (human, economic, social resources;							
trauma)							
Level of school attended							
None	393 (64.6)						
Less than secondary	108 (17.8)						
Secondary or higher	104 (17.1)						
Missing	3 (0.0)						
Market, subsistence work in year before marriage (ref: no)	445 (73.2)						
Missing	2 (0.0)						
Lives close enough to natal family to visit in a day (ref: no)	507 (83.4)						
Missing	5 (0.0)						
Exposure to child maltreatment (ref: no) b	215 (35.4)						
Main source of child maltreatment (ref: no exposure)	)						
Father (ref = $no$ )	26 (4.3)						
Mother (ref = $no$ )	119 (19.6)						
Brother (ref = $no$ )	47 (7.7)						
Other (ref = $no$ )	22 (3.6)						
Witnessed father hit mother (ref: no)	83 (13.7)						
Missing	6 (0.0)						
Control Variables							
Age, in years		38.39 (0.53)	36.71 (22 - 65)				
Muslim (ref: Christian, other)	516 (84.9)						
Missing	3 (0.0)						
Total # of living children		4.26 (0.09)	3.58 (0 - 13)				

<sup>~</sup>Note. Cluster and weight of the sampling population were accounted for, in obtaining these statistics

<sup>&</sup>lt;sup>a</sup> Psychological, physical, or sexual

<sup>&</sup>lt;sup>b</sup> Slapped, kicked, or hurt in some way, before turning age 16, by anyone other than (last) husband

Table II. Bivariate associations of score for generalized a control variables. 608 ever-married women ages 22-65 years.				rs, and
control variables, ooo ever married women ages 22 00 year	В	(se)	$\frac{\mathbf{p}_{gypt}}{P}$	R <sup>2</sup>
Exposure		, ,		
Any lifetime exposure to IPV <sup>a</sup>	3.22	(0.70)	***	0.03
Moderators (human, economic, social resources;				
trauma)				
Ever attended school (ref = never)	-2.05	(1.05)	*	0.01
Market, subsistence work in 12 mos before marriage	-2.84	(0.77)	***	0.02
Lives with birth family or close enough to visit in a day (ref: no)	-4.63	(1.25)	***	0.04
Child Maltreatment (ref = no)	-1.74	(0.83)	*	0.01
Main source of child maltreatment (ref: no		` ,		
exposure)				
Father (ref = $no$ )	0.64	(1.18)		0.00
Mother $(ref = no)$	-3.57	(0.99)	***	0.03
Brother (ref = $no$ )	2.43	(1.57)		0.01
Other (ref = $no$ )	-1.04	(1.52)		0.00
Witnessed father hit mother (ref: no)	-1.22	(1.05)		0.00
Control Variables		` ,		
Age, in years	-0.03	(0.04)		0.00
Muslim	-0.08	(1.21)		0.00
Total number of living children	0.24	(0.20)		0.00

Note. All estimates were obtained using analytic weights and specifying clustering at the primary sampling unit level. <sup>a</sup> Psychological, physical, or sexual  $p \le 0.05$ , \*\*  $p \le 0.01$ , \*\*\*  $p \le 0.001$ 

#### Multivariate results

Table III displays the estimates from four hierarchical, multiple linear regression models which allow assessment of associations between IPV and generalized anxiety, and the effect of moderators, accounting for demographic controls (Table II).

In the reduced model, all IPV exposure variables were included (Table III). Compared to their counterparts, women who reported lifetime exposure to any type of IPV had significantly higher scores for generalized anxiety ( $\beta = 3.14$ ).

Based on the significant resource moderators and risk moderators in the second and third models, a final model was created with only significant moderator and interaction term (Table III). Any lifetime exposure to IPV was still associated with significantly higher scores ( $\beta$  =2.16) for generalized anxiety as in the reduced model, but less significantly, from p  $\leq$  0.001 in the reduced model to p  $\leq$  0.01 in the final model. The effects of lifetime exposure to any IPV on generalized anxiety was moderated through enabling resources such as schooling, market work in the year before marriage, living with birth family or close enough to visit in a day which all had an overall protective effect. Risk factors related to child maltreatment and witnessing father beating mother were also examined. In the final model, the sign of the regression coefficient for abuse from the mother was negative, suggesting a protective effect on anxiety. There is also significant interaction between lifetime exposure to any IPV and brother as the source of child maltreatment.

Table III. Linear regression models of IPV, enabling resources, and violence in childhood on generalized anxiety. 608 ever-married women ages 22-65 years, Rural Minya, Egypt

7 / 8/1	В	ase Mod	el		Resource lerators C		Risk	Moderat Only	tors		ignifican lerators (		
	]	$R^2 = 0.050$			$R^2 = 0.096$			$R^2 = 0.128$			$R^2 = 0.096$		
Exposure	β	(se)	p	β	(se)	p	В	(se)	p	β	(se)	p	
Any lifetime exposure to IPV <sup>a</sup>	3.14	(0.71)	***	2.41	(0.72)	**	3.43	(0.70)	***	2.16	(0.72)	**	
Moderators (human, economic, social resources; trauma)													
Ever attended school (ref = never)				-2.21	(0.97)	*				-2.36	(0.96)	*	
Market, subsistence work in year before marriage (ref: no)				-3.01	(0.73)	***				-3.03	(0.68)	***	
Lives with birth family or close enough to visit in a day (ref: no)				-4.09	(1.13)	***				-3.58	(1.10)	**	
Sources of child maltreatment					` ,						, ,		
Father (ref = $no$ )							0.14	(1.15)					
Mother $(ref = no)$							-3.43	(1.11)	**	-3.51	(0.95)	***	
Brother (ref = $no$ )							1.81	(1.42)		-4.22	(2.33)		
Other (ref = $no$ )							-2.17	(1.51)					
Witnessed father hit mother (ref: no)							-1.46	(1.05)					
Interaction													
Any Lifetime exposure to IPV with Brother as source of child maltreatment										6.26	(2.64)	*	

Notes. All models controlled for age, whether respondents were Muslim or not, and the total number of living children. None of these variables were significantly associated with the outcome.

<sup>&</sup>lt;sup>a</sup> Psychological, physical, or sexual

<sup>\*</sup>  $p \le 0.05$ , \*\*  $p \le 0.01$ , \*\*\*  $p \le 0.001$ 

#### DISCUSSION

Summary

This is the first longitudinal study in Minya, Egypt to explore the effect of enabling resources and exposure to childhood trauma, on anxiety associated with IPV.

The strengths of this study include use of a scale for measuring generalized anxiety, validated in various Middle Eastern populations. The moderator variables, including enabling resources and risk factors, are also very context-specific to Minya, Egypt. The longitudinal nature of this study design is also a strength as it establishes appropriate temporal ordering among variables of interest.

Findings of this study are consistent with the conceptual model that builds the foundation of this study. It supports the significant deleterious effect of IPV on mental health (as measured by generalized anxiety) from prior research [6, 9]. This study also corroborates other research that schooling, premarital market work and living close to natal kin all have a protective moderating effect on the relationship between IPV and generalized anxiety [13, 16, 19]. It is interesting that women who reported being slapped, kicked or having any other physical trauma by their mothers before turning sixteen, had significantly lower scores for generalized anxiety. In an Egyptian family, a mother holds high authority for her children and she is possibly her daughters' close confidante. Perhaps being exposed to this trauma by her mother normalizes trauma for the woman and in fact, improves her resiliency for dealing with this trauma in the future.

Findings also reveal a significant interaction of any lifetime exposure to IPV with brother as a source of child maltreatment. The least square means values revealed that childhood maltreatment from brother has a protective effect on anxiety if the woman was not exposed to any IPV. However, the same maltreatment exacerbates the effect on anxiety if the woman

was exposed to any IPV (Figure 2). The patriarchal society in Egypt demands the brothers to be responsible for protecting a woman in case of failure of maintenance, abandonment, or other mistreatment on the part of the husband. Perhaps the brother plays this role when the woman has no exposure to IPV, regardless of being a perpetrator of trauma in her childhood. However, if the woman has future exposure to IPV from her husband and faced maltreatment from her brother as a child, she has no one to protect her as both her sources of support are compromised. Perhaps the double source of trauma from important male figures in her life reduces her resilience and adversely affects her emotional health.

#### Study Limitations

It is worthwhile to note the limitations of this study. One of the primary limitations of this study is that the variables for exposure, premarital enabling resources, and childhood risk factors were measured retrospectively and thus they are subject to recall bias. These include variables for any lifetime exposure to IPV, schooling, premarital economic activity, proximity to birth family and exposure to childhood trauma. In order to control for this bias, the researchers tried to enhance temporal ordering by measuring explanatory variables, moderators and outcomes for a precise window of time. For instance, women's enabling resources were measured in 2012 but with respect to the period before marriage.

Another limitation of this study may be that it included asking questions on sensitive topics such as IPV, and hence exposure to IPV could be underreported. To control for this, interviewers were adequately trained to enhance disclosure. It is also worthy of note that there was disclosure of higher number of sensitive topics in 2012 than in 2005. Due to this high disclosure of sensitive topics, estimated associations of women's exposure to IPV with their anxiety may be an underestimation of the true relationship.

The information on demographic and socioeconomic conditions of women's birth families was also quite limited. This information could have played an important role in examining the woman's childhood exposure to trauma. Future research should try to get better estimates of the demographic and socioeconomic conditions of women's birth families.

#### Conclusion

Despite the limitations, this study marks the first and most comprehensive effort to assess influences of women's enabling resources and childhood exposure to trauma on the relationship between IPV and generalized anxiety. Based on the findings, human, economic and social enabling resources such as schooling, premarital market work and living close to natal kin are all important for potential means to reduce the effects of IPV on mental health outcomes such as anxiety. Mother as the source of childhood trauma also has a protective effect.

The findings of this study may trigger politicians and practitioners of development to focus on increasing women's premarital access to enabling resources such as schooling and market work. Various empowerment programs, and society, in general, can focus on encouraging women to attend school and engage in market or subsistence work. Considering the influence of a brother on a woman's life, it may be important for the Islamic leaders, such as imams, in the mosque to encourage men – young brothers, male role models, and fathers — to follow the proper teachings of the Qur'an and Hadith which discourage imposing any type of violence upon the women [29].

#### **APPENDICES**

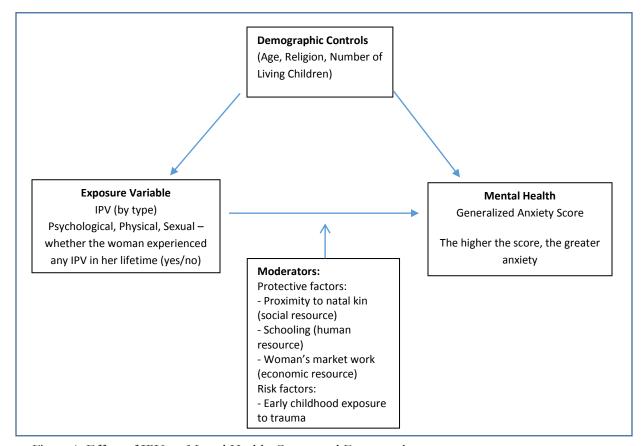


Figure 1. Effect of IPV on Mental Health: Conceptual Framework

#### Table IV. Variables Collected in 2005 and 2012

#### Variables Collected in 2005 EDHS (Household Questionnaire & Woman Questionnaire)

<u>Household Questionnaire</u> asked all members' (22,807 sampled households)

- Demographic attributes
- Amenities of the dwelling
- Household assets

\*\*In a 1/3 subsample of interviewed households, 1 evermarried woman was selected to complete IPV module (n=5,711)\*\*

- Prevalence of lifetime physical IPV was estimated by several questions about husband's perpetration of acts of physical, sexual, or psychological IPV

<u>Woman Questionnaire</u> asked about eligible respondents' (19,565 ever-married women)

- Education
- Marital history
- Work status
- Fertility history
- Husband's characteristics

# Variables Collected in 2012 Follow-up Survey (Household and Woman Questionnaires, similar to that in 2005)

Sample drawn from 1,122 women who completed 2005 Woman Questionnaire



Sub-sample selected for f/u included all 328 women who completed IPV module in 2005 (+) Additional 514 households randomly selected from remaining households for inclusion [and in households with >1 eligible women, only 1 was selected\*\*



Of 842 selected women, 633 were located  $\Rightarrow$  72% (or 608) completed follow-up interviews

\*\*Of the 608 women, 33 had missing data on IPV

In-depth interviews about:

- Women's work
- Exposure to IPV

#### Woman Questionnaire:

- Module on women's economic and noneconomic activities
- Expanded module on IPV
- Module on mental health

\*\*Only a subset of participants in 2012 received questions about IPV in 2005!! Hence, 2012 IPV module asked whether woman had experienced IPV before and after interview in 2005, and in the year prior

Table V -- IPV Module QUESTIONNAIRE NUMBER |\_\_|\_|

Now I would like you to think back on the years lacfore you were last interviewed like this in   _   2005   ((NOTH OF INTERVIEW),   _   years after you were first married, (when you last born child was   _     months/ years   1	<u> 1 a</u>	ble v IP v Module Questionnaire number			
Nov I would like you to think back on the years before you were last interviewed like this in   2005					_
5   1   2005   1   2005   2007   20			CODING CATE	GORIES	P
Say or do something to humilate you in front of others?		last interviewed like this in   _   2005  (MONTH OF INTERVIEW),   _   years after you were first married, (when your last born child was   _   months/ years /   _   months/years before the birth of your first	YES	NO	
Threaten to hurt or harm you or someone close to you?	a	Say or do something to humilate you in front of others?	1	2	
C   Insult you or make you feel bad about yourself?   1   2		, ,	1		
Again, I would like you to think back on the years before you were last interviewed like this in   _   _   2005			1		
b Slap you? c Twist your arm or pull your hair? d Punch you with his fist or with something that could hurt you? c Kick you, drag you or beat you up? d Try to choke you or burn you on purpose? d Try to choke you or burn you on purpose? d Try to choke you or burn you on purpose? d Treaten to attack you with a knife, gun, or any other weapon? Physically force you to have sexual intercourse with him even when you did not want to? d Force you to perform any sexual acts you did not want to?  CHECK 606(a-1):  Did any of the following things happen as a result of what your (last) husband did to you?  AT LEAST ONE YES NO  AT LEAST ONE YES NO  CUTS 1 2  You had cuts, bruises or aches? CUTS 1 2  You had you injuries, sprains, dislocations, or burns? NO had deep wounds, broken bones, broken teeth, or any other serious injury? WOUNDS 1 2  AT any time before you were last interviewed, when your husband did something to physically hurt NO.  1 1  1 2  611	60	Again, I would like you to think back on the years before you were last interviewed like this in   _   2005  (MONTH OF INTERVIEW),  _ _    years after you were first married, (when your last born child was  _ _    months/ years /  _ _    months/years before the birth of your first	YES		
C Twist your arm or pull your hair?  d Punch you with his fist or with something that could hurt you?  e Kick you, drag you or beat you up?  Try to choke you or burn you on purpose?  Threaten to attack you with a knife, gun, or any other weapon? Physically force you to have sexual intercourse with him even when you did not want to?  Force you to perform any sexual acts you did not want to?  THECK 606(a-i):  ONE YES  NOT A SINGLE YES  NO  AT LEAST ONE YES  NO  You had cuts, bruises or aches?  CUTS 1  2  You had deep wounds, broken bones, broken teeth, or any other serious injury?  NOUNDS 1  At any time before you were last interviewed, when your husband did something to physically hurt  NO  NO  NO  1  2  4  1  2  4  4  4  4  4  4  4  4  4  4  4  4	a	Push you, shake you, or throw something at you?	1	2	
C Twist your arm or pull your hair?  d Punch you with his fist or with something that could hurt you?  e Kick you, drag you or beat you up?  Try to choke you or burn you on purpose?  Threaten to attack you with a knife, gun, or any other weapon? Physically force you to have sexual intercourse with him even when you did not want to?  Force you to perform any sexual acts you did not want to?  THECK 606(a-i):  ONE YES  NOT A SINGLE YES  NO  AT LEAST ONE YES  NO  You had cuts, bruises or aches?  CUTS 1  2  You had deep wounds, broken bones, broken teeth, or any other serious injury?  NOUNDS 1  At any time before you were last interviewed, when your husband did something to physically hurt  NO  NO  NO  1  2  4  1  2  4  4  4  4  4  4  4  4  4  4  4  4	b	Slap you?	1	2	
d Punch you with his fist or with something that could hurt you?  c Kick you, drag you or beat you up?  1 2  f Try to choke you or burn you on purpose?  Threaten to attack you with a knife, gun, or any other weapon? Physically force you to have sexual intercourse with him even when you did not want to?  Force you to perform any sexual acts you did not want to?  CHECK 606(a-i):  AT LEAST ONE YES  NOT A SINGLE YES  NO  TOUTS 1 2  You had cuts, bruises or aches? CUTS 1 2  You has eye injuries, sprains, dislocations, or burns? You had deep wounds, broken bones, broken teeth, or any other serious injury?  At any time before you were last interviewed, when your husband did something to physically hurt  NO	С		1	2	
e Kick you, drag you or beat you up?  f Try to choke you or burn you on purpose?  Threaten to attack you with a knife, gun, or any other weapon? Physically force you to have sexual intercourse with him even when you did not want to?  f Force you to perform any sexual acts you did not want to?  THEAST ONE YES  NOT A SINGLE YES  NO AT LEAST ONE YES  AT LEAST ONE YES  NO AT LEAST ONE YES		• • •	1	2	
f Try to choke you or burn you on purpose?  g Threaten to attack you with a knife, gun, or any other weapon?  Physically force you to have sexual intercourse with him even when you did not want to?  Force you to perform any sexual acts you did not want to?  CHECK 606(a-i):  Did any of the following things happen as a result of what your (last) husband did to you?  You had cuts, bruises or aches?  You has eye injuries, sprains, dislocations, or burns?  You had deep wounds, broken bones, broken teeth, or any other serious injury?  At any time before you were last interviewed, when your husband did something to physically hurt  1 2  2 1  613  AT LEAST ONE YES  NO  VESS  NO  CUTS 1  2  VOUNDS 1  2  VOUNDS 1  2  614  NO	e		1	2	
Threaten to attack you with a knife, gun, or any other weapon?  Physically force you to have sexual intercourse with him even when you did not want to?  Force you to perform any sexual acts you did not want to?  CHECK 606(a-i):  NOT A SINGLE YES		, e, i	1	2	
Physically force you to have sexual intercourse with him even when you did not want to?  Force you to perform any sexual acts you did not want to?  CHECK 606(a-i):  AT LEAST ONE YES  NOT A SINGLE YES  NO ASINGLE YES  NO ASINGLE YES  NO You had cuts, bruises or aches?  You had cuts, bruises or aches?  You had eye injuries, sprains, dislocations, or burns?  You had eye injuries, sprains, dislocations, or burns?  You had before you were last interviewed, when your husband did something to physically hurt  NO  Physically force you to have sexual intercourse with him even  1 2  AT LEAST ONE YES  NO YES  NO  LUTS 1 2  INJURIES 1 2  You had deep wounds, broken bones, broken teeth, or any other serious injury?  At any time before you were last interviewed, when your husband did something to physically hurt  NO  NO	g	· · · · · · · · · · · · · · · · · · ·	1	2	
Force you to perform any sexual acts you did not want to?  AT LEAST ONE YES NOT A SINGLE YES  NOT A SI	8				
CHECK 606(a-i):  ONE YES  NOT A SINGLE YES  NO  AT LEAST ONE YES  NO  AT LEAST ONE YES  NO  AT LEAST ONE YES  NO  Single YES  NO  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your (last) husband did to you?  The following things happen as a result of what your	h	when you did not want to?	1	2	
CHECK 606(a-i): ONE YES ONE YES NOT A SINGLE YES ONE YES ONE YES NO  By Did any of the following things happen as a result of what your (last) husband did to you?  YES NO  CUTS 1 2 Did any of the following things happen as a result of what your (last) husband did to you?  YES NO  A You had cuts, bruises or aches? INJURIES 1 2 Vou had deep wounds, broken bones, broken teeth, or any other serious injury? WOUNDS 1 2 ONE YES NO  At any time before you were last interviewed, when your husband did something to physically hurt NO	i	Force you to perform any sexual acts you did not want to?	1	2	
By Did any of the following things happen as a result of what your (last) husband did to you?  YES NO  You had cuts, bruises or aches?  CUTS 1 2  By You has eye injuries, sprains, dislocations, or burns?  INJURIES 1 2  You had deep wounds, broken bones, broken teeth, or any other serious injury?  WOUNDS 1 2  At any time before you were last interviewed, when your husband did something to physically hurt  NO	7		NOT A SINGLE YES		613
A You had cuts, bruises or aches?  CUTS 1 2  B You has eye injuries, sprains, dislocations, or burns?  INJURIES 1 2  C You had deep wounds, broken bones, broken teeth, or any other serious injury?  WOUNDS 1 2  At any time before you were last interviewed, when your husband did something to physically hurt  NO		Did an active City in direction on the Color of All 1 and 12 and	VEC	NO	
b You has eye injuries, sprains, dislocations, or burns?  c You had deep wounds, broken bones, broken teeth, or any other serious injury?  WOUNDS 1  At any time before you were last interviewed, when your husband did something to physically hurt  NO					
c You had deep wounds, broken bones, broken teeth, or any other serious injury? WOUNDS 1 2  60 At any time before you were last interviewed, when your husband YES		·			
9 did something to physically hurt		, ,			
9 did something to physically hurt	_		WOUNDS 1	2	
NO					1 611
	'	and something to physically nurt			1 011
		you, did you try to get help to stop him from doing this to you again?			2

(1		DID NOT KNOW WHO TO GO		\			
61	What is the main reason you did not try to get help?	TO	01	\			
	what is the main reason you that not try to get help:	NO	<u> </u>	ı \			
		USE					
			02				
		PART OF		\			
		LIFE		$  \rangle  $			
			03	/			
		AFRAID OF					
		DIVORCE/DESERTION	04				
		AFRAID OF FURTHER	UT				
		BEATINGS	05	/			
		AFRAID TO GET PERSON INTO					
		TROUBLE	06	612			
		EMBARRASSED					
			07				
		DID NOT WANT TO DISGRACE FAMILY	00				
		NOT	08				
		IMPORTANT					
			09				
		OTHER (SPECIFY:)	96				
		· ·	70				
61	From whom did you try to get help?	FATHER	1	l ) i			
1	140th whom did you try to get help:	FATHER IN	1	'			
		LAW					
			1				
		BROTHER					
	Who else?		1				
		MOTHER					
	RECORD ALL MENTIONED	MOTHER IN	1	)			
		LAW					
			1	613			
		SISTER.	-				
			1				
		FRIEND					
			1				
		OTHER (SPECIFY:)	1				
61		YES					
2	Did you tell anyone about your experiences?	NO.	1				
		NO	2				
61	I would like you to think back on the years <u>before</u> you were last						
3	interviewed like this in       2005						
9	Interviewed like tills III       2005						

(MONTH OF INTERVIEW),    years after you were first		
married, (when your last born child was		
_ months/ years /   _ months/years before the	YES	
birth of your first child). Did you hit, kick or do		1
anything else to physicaly hurt your (last) huband when he was		
not already physically hurting you?	NO	2

#### QUESTIONNAIRE NUMBER |\_\_\_|\_\_|

N O.	QUESTIONS AND FILTERS			COD	NG CATE	EGORIES			SKIP
	_1 Now I would like you to think back on			_2 How often did this happen during the			nly		
	the years <u>after</u> you were last interviewed					,	•		
614	like this								
	in   _  2005 (MONTH OF INTERVIEW),   _	_							
	years after you were first married, (when your last born c	hild		sometimes, or not at all?					
					O	SO	NO		
					FT	ME	T	N	
1	was   _  months/years /    months/years before the birth of your first child). Did your (last) husba				E N	TIM ES	AT ALL	Α	
		ına: YES			IN	ES	ALL		
1					1	2	3	5	
a		1			1	2	3	3	
	Official.								
	1	NO.	K						
		2							
		YES -							
1					1	2	3	5	
b	to you?	1							
	1	NO.	K						
		2							
		YES							
					1	2	3	5	
С	Insult you or make you feel bad about yourself?	1							
1			/						
		NO.							
i									
		2		211					1
	_1 Again, I would like you to think back on the years <u>after</u> you were last			_2 How often did this happen during the last 12 months: often, only					
615	interviewed like this			the fast 12 months: often, only					1
013	in   _ 2005 (MONTH OF INTERVIEW),   _	1							1
	years after you were first married, (when your last born c	-≀ hild		sometimes, or not at all?					
	y and a second s				0	SO	NO		1
					FΤ	ME	Т	N	
	years /   _ months/years before the birth of your	first			E	TIM	AT	A	1
	child). Did your (last) husband:				N	ES	ALL		
	<u> </u>	YES							
					1	2	3	5	
a	Push you, shake you, or throw something at you?	1							

		NO.	K
		2	
		YES -	
b	Slap you?	1	
			./
		NO.	
		2	
		YES	
С	Twist your arm or pull your hair?	1	
			/
		NO.	K
		2	
		YES	
	Punch you with his fist or with something that		
d	could	1	
		NO.	
	hurt you?	2	
		YES	
e	Kick you, drag you or beat you up?	1	
			/
		NO.	
		YES	
f	Try to choke you or burn you on purpose?	1	
			/
		NO.	
ļ		2	
		YES	
		••••	
g	Threaten to attack you with a knife, gun, or	1	
			/
		NO.	
	any other weapon?	2	

h	Physically force you to have sexual intercourse1	1 2	3 5
i	with him even when you did not want to?  with him even when you did not want to?  YES  Force you to perform any sexual acts you did not want to?	1 2	3 5
	NO 2		
616	AT LEA: ONE CHECK 615_1 YES	NO	OT A JIGLE YES J 622
617	I would like you to think back on the years  after you were last interviewed like this in      2005  (MONTH OF INTERVIEW),   _   years after you were first married, (when your last born child  was   _  months/years /   _   months/years before the birth of your first child). Did any of the following  things happen as a result of what your		N
a	(last) husband did to you? you had cuts, bruises or aches?	CUTS YES	NO A 5
ь	you had eye injuries, sprains, dislocations or burns?	INJURIES 1	2 5
С	you had deep wounds, broken bones, broken teeth or any other serious injury?	WOUNDS 1	2 5
618	At any time <u>since</u> you were last interviewed, when your (last) husband did something to physically	YES	1 620
	hurt you, did you try to get help to stop him from doing this to you again?	NO	2
619	What is the main reason you did not try to get help?	DID NOT KNOW WHO TO GO TO	0 1 0 2

			- 0	l
		PART OF LIFE.	0	
		AFRAID OF	0	
		DIVORCE/DESERTION	4	
		AFRAID OF FURTHER	0	
		BEATINGS	5	621
			0	
1		AFRAID OF GETTING PERSON INTO TROUBLE	6	
1			0	
		EMBARRASSED	7	
		DID NOT WANT TO DISGRACE	0	
		FAMILY	8	
		NOT	0	
		IMPORTANT	9	
		OTHER (CRECIEV	9	
		OTHER (SPECIFY:)	6	
620	From whom did you try to get help?	FATHER	1	
		FATHER IN LAW	1	
	Who else?	BROTHER	1	
	RECORD ALL MENTIONED	MOTHER.	1	
	RECORD THE MENTIONED	MOTHER IN	1	
i		LAW	1	2
1		SISTER.	1	
			1	
ŀ		FRIEND.		
		OTHER (SPECIFY:)	1	
		YES		
(21			4	
621	Have you told anyone about your experiences?	NO	1	
		NO		
			2	
	Now I would like you to think back on			
	the years <u>after</u> you were last interviewed			
622	like this			
	in     2005 (MONTH OF			
	INTERVIEW),         years after you			
	were first married, (when your last born			
	child	YES	1	
	was     months/ years /			
	months/years before the birth of your			
	first child). Did you hit, kick, or do			
	anything else to physically hurt your (last) husband when he was not	NO		/
1	already beating or physically hurting you?		2	624
Ì	arready beating of physically flutting you.			

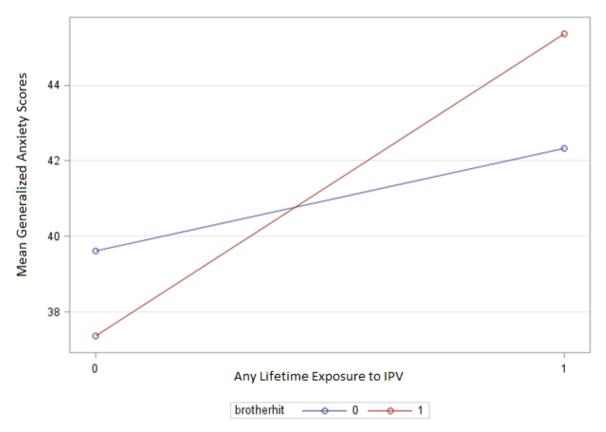
		APPLICABLE		
623	In the last 12 months, how often have you done this to your (last) husband:	OFTEN		
			1	
		SOMETIMES		
	Often, only sometimes or not at all?		2	
		NOT AT		
		ALL	3	
			3	
		NOT		
		APPLICABLE	5	
			3	
624	CHECK 606 AND 615_1	AT LEAST ONE		
		YES		
			1	
		NOT A SINGLE		
		YES	ı	7
			2	626

N O.	QUESTIONS AND FILTERS	CODING CATEGORIES		SK IP
62 5	You mentioned that, at some point before or after your last interview, your	NO. MOS AFTER MARRIAGE		
	(last) husband physically hurt you in some way. How long after you first got	DO NOT KNOW MONTHS	98	
	married did (this/any of these things) start to happen or did it start to happen	NO. OF YRS AFTER MARRIAGE		
	before you got married?	DO NOT KNOW YEARS	98	
		BEFORE MARRIAGE	96	
62 6	Before you turned sixteen, did anyone other than your (last) husband	YES	1	7
	slap, kick, or do anything else to hurt you physically?	NO	2	628
62 7	Who hurt you in this way before you turned sixteen?	FATHER.	1	
		FATHER IN LAW.	1	
		BROTHER	•	
	Who else?		1	
	RECORD ALL MENTIONED.	MOTHER	1	
		MOTHER IN LAW	1	
		SISTER		
			1	
		FRIEND.	1	
		OTHER (SPECIFY:)	1	
62 8	Since you turned sixteen, has anyone other than your (last) husband	YES	1	
	slapped, kicked, or done anything else to hurt you physically?	NO	2	631
62	Who has hurt you in this way since you turned	FATHER		
9	sixteen?	FATHER IN	1	
		LAW	1	
	Who else?	BROTHER	1	
	RECORD ALL MENTIONED	MOTHER	1	
		MOTHER IN LAW		
			1	
		SISTER	1	
		FRIEND	1	

		OTHER (SPECIFY:)	1	
63 0	In the last 12 months, how often have you been hit, slapped, kicked or	OFTEN	1	
	physically hurt by this/these person(s): often, only sometimes, or not at all?	SOMETIMES	2	
		NOT AT ALL	3	
63 1	Has anyone hit, slapped, kicked or done anything else to hurt you physically	YES, BEFORE LAST INTERVIEW	1	
	while you were pregnant, either before or after your last interview?	YES, AFTER LAST INTERVIEW	2	
		YES, BOTH	3	
		NO	4	633
		NEVER PREGNANT	5	
63	Who has done any of these things to physically hurt you while you			
2	were	HUSBAND	1	
	pregnant?	FATHER	1	
		FATHER IN LAW.	1	
		BROTHER		
	Who else?		1	
	RECORD ALL MENTIONED.	MOTHER	1	
		MOTHER IN LAW	1	
		SISTER		
			1	
		FRIEND	1	
		OTHER (SPECIFY:)	1	
63	As far as you know, did your father ever beat your mother?	YES	1	
		NO	2	
		DO NOT KNOW	8	
ТН	   ANK THE RESPONDENT FOR HER COOPERATION AND	REASSURE HER ABOUT THE CONFIDENTIALITY OF HER ANSWERS. FILL		F
	ESTIONS BELOW WITH REFERENCE TO THE DOMESTIC		001 111	
63	DID YOU HAVE TO INTERRUPT THE INTERVIEW BECAUSE SOME	Y N ES O		
4	ADULT WAS TRYING TO LISTEN OR CAME INTO			
	THE ROOM OR	HUSBAND 1 2		
	INTERFERED IN ANY OTHER WAY?	OTHER MALE ADULT 1 2		
		FEMALE ADULT 1 2		
63				1
5	OMPLETING THE DOMESTIC VIOLENCE MODULE			
•				

Figure 2

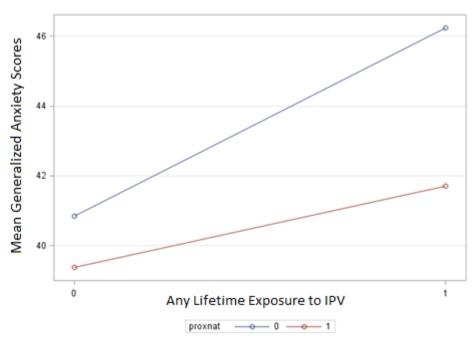
LS Means Plot\* for any lifetime exposure to IPV (x-axis) with brother as source of trauma (variable brotherhit), with anxiety scores (Y-axis)



<sup>\*</sup>The model used to derive this plot contains the exposure variable 'any lifetime exposure to IPV' and all the significant moderator variables: 'ever attended school', 'proximity to natal kin', 'market work', 'childhood trauma from mother', 'childhood trauma from brother'

Figure 3

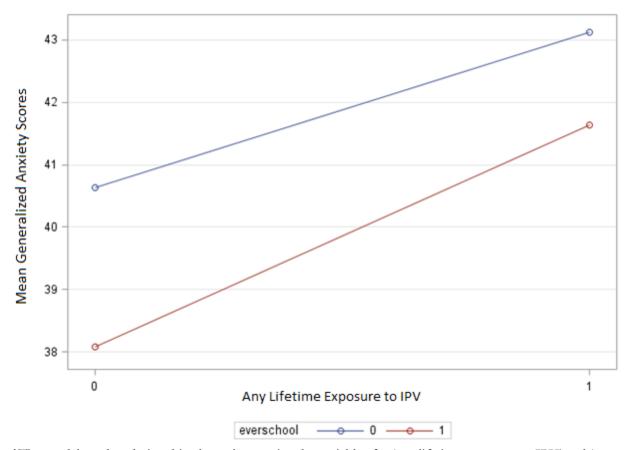
LS Means Plot\* for any lifetime exposure to IPV (x-axis) with proximity to natal kin (variable *proxnat*)



<sup>\*</sup>The model used to derive this plot only contains the variables for 'any lifetime exposure to IPV' and 'proximity to natal kin'

Figure 4

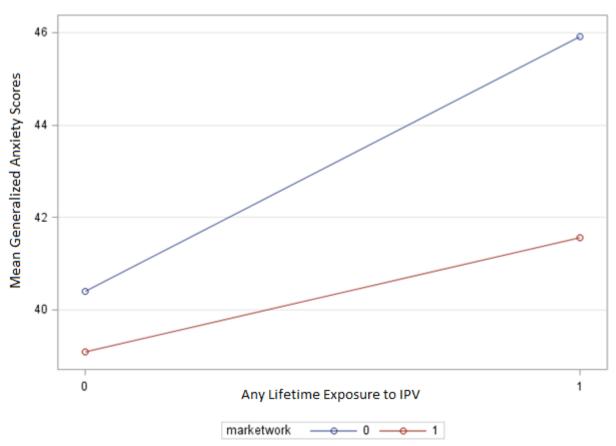
LS Means Plot\* for any lifetime exposure to IPV (x-axis) with ever attending school (variable everschool



<sup>\*</sup>The model used to derive this plot only contains the variables for 'any lifetime exposure to IPV' and 'ever attended school'

Figure 5

LS Means Plot\* for any lifetime exposure to IPV (x-axis) with engagement in market work (variable *marketwork*)



<sup>\*</sup>The model used to derive this plot only contains the variables for 'any lifetime exposure to IPV' and 'engagement in market work'

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